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PRESIDENT MARCOS CAPS WEEK WITH MAJOR INITIATIVES ON HEALTHCARE, FOOD SECURITY, DEFENSE P.2



LACSON BARES FRESH EVIDENCE OF DOUBLE BILLING IN GHOST INFRA IN TAGUIG P.6



DOST LAUNCHES SMART MOBILE KITCHEN TO STRENGTHEN CAMIGUIN'S DISASTER RESPONSE P.10



PH PUSHES MARITIME LAW, COOPERATION AMID RISING WPS TENSION DURING ASEAN FORUM

PARANAQUE CITY — Department of Foreign Affairs Secretary Ma. Theresa Lazaro urged diplomats at the 33rd ASEAN Regional Forum (ARF) in Manila on Thursday to uphold international law and strengthen maritime security and cooperation through dialogue amid escalating tensions in the West Philippine Sea (WPS).

Addressing delegates gathered at the 33rd ASEAN Regional Forum, Lazaro emphasized that the safety, stability and sustainability of shared seas remain central to the region's economic and political future.

"Our collective peace and prosperity is inextricably linked to the safety, security, stability and sustainability of our seas. Maritime cooperation provides an important avenue for confidence-building and adherence to international law, ensuring that our shared maritime domain remains peaceful, connected and sustainable for the generations to come."

Lazaro also stressed that multilateral platforms like the forum are vital for navigating complex geopolitical uncertainties.

"In a region as diverse and interconnected as ours, the ARF remains an indispensable forum for dialogue and cooperation rather than confrontation," Lazaro said.

She invoked the 50th anniversary of the Treaty of Amity and Cooperation in Southeast Asia (TAC), noting that its core values such as "mutual respect, sovereign equality, peaceful settlement of disputes, and effective cooperation" must continue to guide state relations.



To address evolving security threats, Lazaro outlined two issues for the Philippine ARF Chairmanship.

"The Philippines as ARF chair has chosen to focus our discussions on two issues that are of immediate and enduring importance to our region. First is enhancing maritime security and promoting maritime cooperation, and second is advancing our cooperation in addressing emerging threats within the Asia Pacific."

Recently, a Philippine Navy personnel was injured when a China Coast Guard staff hit him with a wooden baton in a clash in the West Philippine Sea, resulting in tensions in the diplomatic sphere.

Lazaro acknowledged "the complex challenges the region faces, and yet they present opportunities to reinforce mutual understanding."

"Guided by the ARF and the TAC's principles, I am confident that the ARF will continue to play a vital role in advancing peace and stability in our region for many years to come," she concluded. (JVD/PIA-NCR)

DSWD BEGINS ROLLOUT OF P2K UPLIFT ASSISTANCE TO VULNERABLE FILIPINOS

• PAGE 3

GATCHALIAN ORDERS TIGHTER SENATE SECURITY AFTER SUSPECTED IED FOUND

• PAGE 6

COMELEC RELEASES 1ST BARMM ONLINE CAMPAIGN LIST

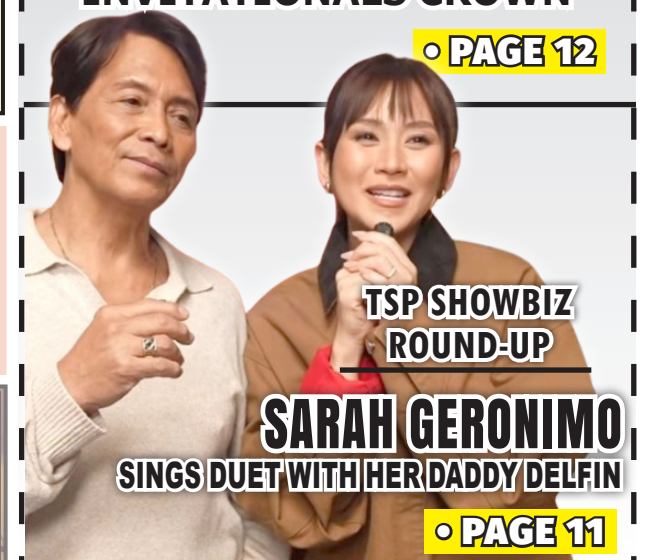
• PAGE 3

DOST, PGIS, PHILVOCs ENHANCES DISASTER PREPAREDNESS, ASSESSMENT THROUGH DRONE OPERATIONS WITH REDAS TRAINING IN ILOCOS SUR

• PAGE 4

HOOPS REPUBLIC UST SPIKERS WIN SHAKEY'S COLLEGIATE INVATIONALS CROWN

• PAGE 12



TSP SHOWBIZ ROUND-UP

SARAH GERONIMO SINGS DUET WITH HER DADDY DELFIN

• PAGE 11

DOST, CESB UNITE SCIENCE AND COMPASSION IN DELIVERING RELIEF ASSISTANCE TO EARTHQUAKE AND TYPHOON-AFFECTED COMMUNITIES IN SARANGANI P.10

~ SOUL FOOD ~

"The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness."

- Lamentations 3:22-23 -

President Marcos caps week with major initiatives on healthcare, food security, defense

President Ferdinand R. Marcos Jr. spent the week advancing the administration's key priorities on housing, public services, food and energy security, healthcare, digital transformation, national defense, and international cooperation through a series of programs, infrastructure projects, and policy initiatives across the country.

From July 20 to 24, the President led the rollout of government assistance, inaugurated strategic facilities, strengthened partnerships with international allies, supported farmers and local communities, reinforced the country's defense posture, and expanded access to essential public services, underscoring the administration's commitment to inclusive growth and responsive governance.

On July 20, the President began the week by reaffirming the Philippines' longstanding alliance with the United States, meeting with U.S. Ambassador Lee Lipton and U.S. Ambassador to India Sergio Gor.

President Marcos also welcomed U.S. Secretary of State Marco Rubio to discuss deeper cooperation on security, trade, energy, and regional stability.

The next day – July 21- the President went to Lucena City in Quezon province to spearhead the distribution of Certificates of Entitlement to 100 of the 1,100 beneficiaries, advancing the administration's housing program by helping families secure ownership of the land they occupy.

The Chief Executive also inaugurated the expanded Port of Lucena Passenger Terminal Building to improve passenger travel and boost trade and tourism in Southern Luzon.

The President likewise led the distribution of assistance under the Bawat Bayan Makikinabang Program, supported Presidential Scholars, and strengthened local government services. The program provides P200,000 to each barangay, with P100,000 allocated to five Presidential Scholars, who will each receive P20,000 in educational assistance.

After the three events in Lucena, the Commander-in-Chief went directly to Camp Aguinaldo in Quezon City to preside over the change of command



in the Armed Forces of the Philippines, honoring outgoing AFP Chief General Romeo Brawner Jr. and welcoming General Antonio Nafarrete as the new military chief.

The following day – July 22- the President launched the Bangsamoro Government Convergence Program in Maguindanao del Norte, bringing education, infrastructure, and other government services to more than 2,000 barangays across the Bangsamoro region.

President Marcos also reaffirmed the enduring partnership between the national government and the Bangsamoro government, saying their shared commitment to peace, inclusive development, and mutual trust is helping build a more prosperous Philippines.

The President said the partnership is anchored on responsibility and a common vision of ensuring the well-being and dignity of every Filipino.

"Together, we are advancing a shared vision of a more peaceful, prosperous, and inclusive Philippines, guided by the belief that the strength of our nation rests on the well-being and dignity of every Filipino," President Marcos added.

On July 23, the President pushed the administration's energy agenda with an inspection of the Malampaya Phase 4 Project to help secure the country's future energy supply and reduce dependence on imported liquefied natural gas.

And because agriculture and food security remained among the government's priorities, President Marcos inaugurated the Ibato-Iraan Small Reservoir Irrigation Project in Palawan, providing year-round irrigation to more than 1,000 hectares of farmland.

Later that day, President Marcos visited two soldiers injured while carrying out their duty in the West Philippine Sea at Camp Ricarte Station Hospital, Palawan, expressing the nation's gratitude to the soldiers for their bravery and dedication in protecting the Philippines sovereignty and sovereign rights in the West Philippine Sea.

On the last working day of the week, July 24, President Marcos had a busy schedule, leading a series of activities that advanced the administration's priorities in food security, healthcare, digital infrastructure, and emergency medical services.

In the morning, President Marcos inspected the Food Security Complex in Pampanga, which could help reduce post-harvest losses and increase farmers' incomes.

The President later proceeded to the Milled Rice Area to observe the ongoing distribution of Sustainable Livelihood Program (SLP) checks by the Department of Social Welfare and Development (DSWD) to 21 associations from the agriculture sector and Assistance to Individuals in Crisis Situation (AICS) to 600 beneficiaries.

Aside from food security, President Marcos is also prioritizing healthcare by personally checking the Department of Health-Jose B. Lingad Children's Medical Center, which expanded access to specialized pediatric healthcare. The President was joined by First Lady Louise Araneta-Marcos during the inspection.

With digital transformation being one of his administration thrusts, the President graced the inauguration of the Converge Angeles Data Center. The Center is designed to strengthen the country's digital infrastructure.

President Marcos' fourth and last activity in Central Luzon was the turnover of 34 Patient Transport Vehicles in San Fernando, Pampanga, which completed 100-percent provincial coverage across all 82 provinces under the government's Patient Transport Vehicle Program, ensuring that every province now has access to free emergency patient transport.

The Chief Executive vowed to roll out a nationwide fire truck distribution program for local government units (LGUs), the funding of which is already available, with procurement now underway.

President Marcos said the initiative, to be implemented by the Department of the Interior and Local Government (DILG), aims to ensure that all LGUs are equipped with fire trucks, noting that many municipalities either lack the equipment or are using outdated units.

The President capped his busy day by hosting a gala dinner at Malacañang Palace to celebrate the 50th Anniversary of the Treaty of Amity and Cooperation in Southeast Asia (TAC).

As ASEAN Chair for 2026, the Philippines led the celebration of the treaty, which has promoted peace, cooperation, and mutual respect since it was signed in Bali, Indonesia, in 1976.

Welcoming diplomats, foreign ministers, and ASEAN officials, President Marcos compared diplomacy to the Filipino tradition of gathering around the hapag-kainan.

The series of activities underscored the administration's focus on delivering essential government services, strengthening economic and food security, modernizing infrastructure, improving healthcare, enhancing national defense, and deepening international partnerships ahead of the President's State of the Nation Address. (PND)

Parañaque holds plebiscite on boundary change in 5 villages



MANILA – A plebiscite was held in Parañaque City on Saturday to decide whether or not to ratify a city ordinance altering the existing territorial boundaries of five coastal barangays in the city.

In an interview, Commission on Elections (Comelec) Chairperson George Garcia noted that they will declare the winner not based on a majority but on a plurality of votes, or which between the "Yes" and "No" got the higher number of votes.

"It is not necessary to have the majority of votes. Even if the voting population is 80,000, it is not necessary to get 40,001 votes...The basis for the proclamation by the Comelec is which one got the highest number of votes. For example, if 'No' gets the highest number of votes, even though it is not a majority, that will be declared the winner and announced by the Comelec, and if 'Yes' gets the highest number of votes, even though it is not a majority, we will do

the same. We call this the plurality of votes, on who or which has the highest number of votes," he said.

Garcia said the plebiscite, held in the coastal barangays (villages) of Baclaran, Tambo, Don Galo, La Huerta, and San Dionisio, is a manual poll.

Voting was held from 5 a.m. to 7 a.m. for senior citizens, people with disabilities (PWDs), and pregnant women, and will run from 7 a.m. to 3 p.m. for regular voters.

"Voting is manual. The counting of the votes will also be manual. The proclamation of the winner will also be manual," Garcia said.

The plebiscite will ratify City Ordinance 2023-19 series of 2022 dated July 13, 2023, entitled "An Ordinance Altering the Existing Territorial Boundaries of Five Coastal Barangays Within the Territorial Jurisdiction of the City of Parañaque Adjoining the Reclaimed Areas in Manila Bay, Namely: Barangay Baclaran, Tambo, Don Galo, La Huerta and San Dionisio, Adopting for This Purpose the Straight Line Policy in the Determination of Amended Boundaries Thereof."

The straight-line policy is a method of defining the boundaries of coastal reclaimed areas that uses geometric vectors to draw or delineate the property limits of irregular and variable shorelines. It sets precise and legal parameters for the creation of land titles, taxation, and jurisdictional boundaries. (PNA)

DSWD begins rollout of P2K UPLIFT Assistance to vulnerable Filipinos



GOVERNMENT AID. The Department of Social Welfare and Development Field Office 11 – Davao Region begins the rollout of UPLIFT Assistance for Group 2 beneficiaries in the region on Monday (July 20, 2026). The beneficiaries who will receive P2,000 monthly for six months include poor and near-poor households identified by the Community-Based Monitoring System of the Philippines Statistics Authority. (Photo courtesy: DSWD)

As part of the government's series of targeted interventions to help prevent vulnerable households from sliding into poverty amid higher fuel costs, the Department of Social Welfare and Development (DSWD) on Monday began the rollout of P2,000 cash aid under the expanded Unified Package for Livelihoods, Industry, Food, and Transport (UPLIFT) program.

This follows the announcement made by President Ferdinand R. Marcos Jr. on July 16 regarding the expanded aid provided by the government under UPLIFT, which is expected to benefit 7.5 million households, or around 37.5 million Filipinos nationwide.

Beneficiaries for the UPLIFT Assistance are divided into three groups, which consist of 3.5 million poor households who are members of the Pantawid Pamilyang Pilipino Program (4Ps) and the Walang Gutom Program (WGP); 2.5 million poor and near-poor households identified by the Community-Based Monitoring System (CBMS) of the Philippines Statistics Authority (PSA) that are not beneficiaries of 4Ps and WGP; and 1.5 million low-income Social Security System (SSS) members.

WGP beneficiaries started receiving their one-time P2,000 assistance on July 20 during their scheduled food redemption activities, while 4Ps members will begin receiving their one-time cash aid on July 21 through their registered GCash or Land Bank of the Philippines accounts.

For Group 2, registration and manual payout for the first month also began on Monday, with succeeding payouts for August to December

to be credited through Gcash or Land Bank.

The third group, which consists of workers with an SSS monthly salary credit of P20,000 and below who are also included in the 2024 CBMS, will also receive their P2,000 monthly assistance starting July 20.

According to the DSWD, the cash assistance will be automatically credited to beneficiaries' enrolled SSS disbursement accounts. For households with multiple SSS members, the cash aid will be credited only to the oldest account holder.

DSWD Secretary Rex Gatchalian earlier stressed that the list of beneficiaries came

solely from the PSA's CBMS and was not sourced from any officials.

"Paano natin sila tinukoy? Again, wala itong political interference, wala tayong kinuhang listahan mula sa kahit kaninong local government official, kahit kaninong public official, wala ho tayong kinuhang listahan sa kanila. Hinango natin 'to, tulad ng binanggit ng ating Pangulo, mula sa CBMS o yung community-based monitoring system na ang may hawak naman ay ang Philippine Statistics Authority, so wala tayong kinukuhang ibang listahan," Gatchalian said in a press conference on July 17.

Distribution of the UPLIFT Assistance will continue in the coming days to ensure that all qualified beneficiaries receive their cash assistance.

Meanwhile, Malacañang said the fuel subsidy for public utility vehicle (PUV) drivers and operators is still ongoing, as the budget for the said assistance was included in the 2025 General Appropriations Act.

"So, sa budget for fuel subsidy PUV drivers and operators ay may P2.5 billion na manggagaling sa 2025 continuing fund; at ang fuel subsidy program or Pantawid Pasada Program ay tuloy-tuloy pa rin po," Palace Press Officer Claire Castro said in a press briefing on Monday.

The UPLIFT program, established through President Marcos Jr.'s Executive Order No. 110, aims to help ease the impact of rising fuel and food prices and protect the purchasing power of Filipino families through targeted assistance. **(av/ By Brian Campued/PTV News)**

Comelec releases 1st BARMM online campaign list

MANILA – The Commission on Elections (Comelec) has released the initial list of approved online campaign platforms for candidates and a political party participating in the Sept. 14 parliamentary elections in the Bangsamoro Autonomous Region in Muslim Mindanao (BARMM).

In a social media post, the Comelec said that as of July 22, the approved online campaign platforms on Facebook, TikTok and Instagram include one Regional Parliamentary Political Party (RPPP), two candidates for Parliamentary Sectoral Representative, and 15 candidates for Parliamentary District Representative.

The lone approved Regional Parliamentary Political Party is the Progresibong Bangsamoro Party (Pro Bangsamoro).

For the Parliamentary Sectoral Representative race, the approved online campaign platforms belong to Mary Ann M. Arnado of the Settler Communities sector and Aida M. Silongan of the Women's sector.

Meanwhile, the approved online campaign platforms for Parliamentary District Representative candidates are those of Abrar Jainuddin Hataman (3rd District, Basilan), Abdulsamie Jamalun Kallhal (2nd District, Basilan), Romeo Kabuntalan Sema (1st District, City of Cotabato), Sheriff Manimbayan Abas (1st District, City of Cotabato), Ahmad Amir Alonto Balindong (8th District, Lanao del Sur), Abdulrahman Mardan Taher (1st District, Lanao del Sur), Aroma Sayambar Asum (5th District, Lanao del Sur), Alexander Guro Alonto Jr. (2nd District, Lanao del Sur), Nora Lucman Dipatuan (7th District, Lanao del Sur), Khaled Yassin Dimaporo Papandayan (5th District, Lanao del Sur), Amenodin Usodan Sumagayan (4th District, Lanao del Sur), Lampa Indar Pandi (4th District, Lanao del Sur), Jamael Papandayan Bait (6th District, Lanao del Sur), Rafsanjani Pendatun Ali (5th District, Maguindanao del Sur), and Kadil Monera Sinolinding Jr. (2nd District, Special Geographic Area).

The Comelec requires candidates and political parties to register their official online campaign platforms as part of its measures to promote transparency and accountability in digital election campaigning.

On election day, the region's 2,393,530 registered voters will elect one Regional Parliamentary Political Party and one Parliamentary District Representative for their respective districts.

Voters will also choose six nominees from Parliamentary Sectoral Organizations (PSOs): two representing Settler Communities, and one each representing the Women, Youth, Traditional Leaders, and Ulama sectors. **(PNA)**

DA to intensify safeguards, streamline agri land conversion

MANILA – To further protect agricultural lands in the country, the Department of Agriculture (DA) said it will soon release streamlined and intensified safeguards for the conversion of agricultural lands.

This comes after the agency lifted the moratorium on the issuance of certification on land use reclassification imposed in January, under DA Memorandum Circular 32, series of 2026, signed on June 30.

In an interview, DA Secretary Francisco Tiu Laurel Jr. said the agency's recommendation is now in its final draft, with the target release eyed within a week or two.

"Ilalagay sa bagong (It will be put in the new) policy that we will have to identify. We need to maintain at least 3 million hectares of rice land," he said on the sidelines of the Economic Journalists Association of the Philippines (EJAP)'s Food Security Forum on Thursday.

Only the President can order changes in the identified agricultural farmlands across areas in the country, he added.



PROTECTING AGRICULTURAL LANDS. Government-funded irrigation solar panels take over these vast rice fields in Barangay Talingaan, Laoag City, Ilocos Norte in this undated photo. The Department of Agriculture (DA) on Thursday (July 24, 2026) said it will soon release streamlined and intensified safeguards for the conversion of agricultural lands. (PNA file photo by Leilanie Adriano)

"Ia-identify ng DA iyan at a later date at iyon ay hindi na pwedeng galawin (The DA will identify it at a later date and it cannot be changed), unless by order of the President, nationwide," Tiu Laurel said.

In particular, irrigated farmlands must be protected, unless otherwise ordered by law or higher offices.

Besides these, the DA also intends to limit developments within agricultural flatlands, which are deemed "highly-productive."

"Ayaw naming maglagay ng basta-basta anything on land na (We don't want to allow carelessly, anything on land that's) below 8 percent slope," Tiu Laurel said.

"Kasi may renewable energy project, let's say solar– kung wala siyang agri component ayaw namin na doon sila sa flatland natin (Because there's a renewable energy project– let's say solar, if there's no agricultural component, we don't want it in our flat lands)," he added.

Moreover, the agriculture chief also vowed to streamline the procedures for agriculture land reclassification.

"One is to streamline the process para mas simple (so that it can be simpler)," Tiu Laurel said.

The land use of the municipality, meanwhile, will still be maintained before the grant of land conversion from the DA, he added. **(PNA)**

REPUBLIC OF THE PHILIPPINES
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OFFICE OF THE CLERK OF COURT
REGIONAL TRIAL COURT OF MANILA
rtc1mnlocc@judiciary.gov.ph
0991-958-7864 / (02) 5310-0290

BDO UNIBANK, INC.,
Mortgagee,

- versus -

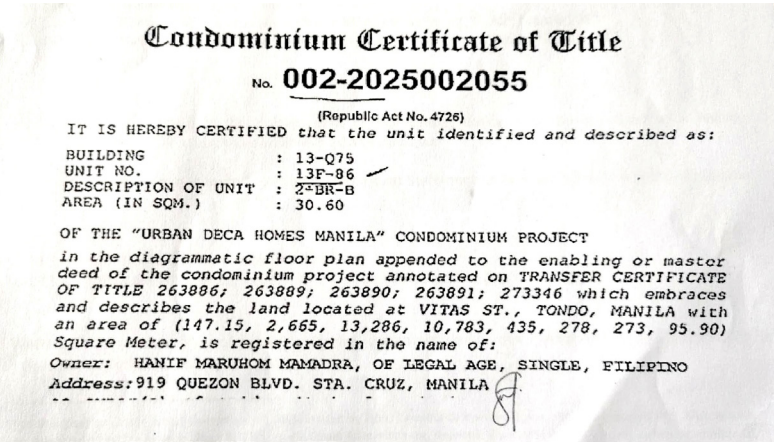
Foreclosure No. 26-5080

HANIF MARUHOM MAMADRA,
Debtor/Mortgagor.

X-----X

NOTICE OF EXTRA-JUDICIAL FORECLOSURE

Upon extra-judicial petition for sale under Act 3135, as amended by Act 4118, filed on June 16, 2026, against the mortgagor, **HANIF MARUHOM MAMADRA**, with postal addresses at: (1) 919 Quezon Boulevard, Sta. Cruz, Manila, (2) Unit 9F-2 Building 13-Q75 Urban Deca Homes Manila Vitas Street, Tondo, Manila 1012, and (3) Unit 14F-86 Building 13-Q75 Urban Deca Homes Manila, Vitas Street, Tondo, Manila 1013, to satisfy the mortgage indebtedness which, as of June 4, 2026, amounts to **PESOS: ONE MILLION EIGHT HUNDRED TWO THOUSAND NINE HUNDRED ONE AND 19/100 (Php1,802,901.19)**¹ pursuant to the **Uniform Loan and Mortgage Agreement**², the undersigned Acting Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court, Manila, through her deputy, **Sheriff Miller B. Guillen**, will sell at public auction on **August 20, 2026** at 10:00 o'clock in the morning or soon thereafter but not later than 2:00 o'clock in the afternoon, in front of the Office of the Clerk of Court, Regional Trial Court of Manila, Room 400, 4th Floor, Manila City Hall, to the highest bidder, for cash or manager's check and in Philippine Currency, the following property/ies with all its improvements, more particularly described as follows:



All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date it shall be held on **August 31, 2026** without the need of further notice.

City of Manila, Philippines, June 29, 2026.

(Sgd.)
SHAIRA A. QUERUBIN
Acting Clerk of Court³ & Ex-Officio Sheriff

(Sgd.)
MILLER B. GUILLEN
Sheriff-in-Charge

Copy furnished:

BDO UNIBANK, INC.
33rd Floor BDO Corporate Center Ortigas,
#12 ADB Avenue, Mandaluyong City.

HANIF MARUHOM MAMADRA
1 919 Quezon Boulevard, Sta. Cruz, Manila
2 Unit 9F-2 Building 13-Q75 Urban Deca Homes Manila Vitas Street,
Tondo, Manila 1012
3 Unit 14F-86 Building 13-Q75 Urban Deca Homes Manila, Vitas Street,
Tondo, Manila 1013

Note/s: Failure to attend at the auction sale, despite proper notice, shall be construed as a waiver. Accordingly, the auction sale shall be held as scheduled.

The mortgagee is required to submit an updated Statement of Account before the schedule auction sale.

NEWS PAPER : **"SENTINEL POST NEWS PUBLISHING"**
DATES OF PUBLICATION : **July 21, 2026, July 28, 2026 and August 4, 2026**

¹ Annex "D" of the Petition.
² Notarized on November 30, 2023 and March 12, 2025.
³ Per Designation Order dated December 09, 2024 issued by Hon. Carolina C. Icasiano-Sison, Executive Judge, RTC, Manila with approval/confirmation by Hon. Raul B. Villanueva, Court Administrator, Supreme Court of the Philippines, dated December 10, 2024.

DOST, PGIS, PHILVOCS ENHANCES DISASTER
PREPAREDNESS, ASSESSMENT THROUGH DRONE
OPERATIONS WITH REDAS TRAINING IN ILOCOS SUR



VIGAN CITY, Ilocos Sur — The Provincial Government of Ilocos Sur (PGIS), in partnership with the Department of Science and Technology Ilocos Region (DOST Ilocos Region), and DOST PHIVOLCS (Philippine Institute of Volcanology and Seismology) kicked off the four-day capacity building initiative titled "REDAS Training on Exposure Data Collection and Processing Using Remotely Piloted Aircraft (RPA) for Earthquake and Tsunami Impact Assessment" here today.

In her message, DOST Ilocos Region Director Teresita A. Tabaog, emphasized that equipping disaster preparedness and assessment of LGUs thru trainings such as this strengthens capability which ensure lesser disaster impact while utilizing modern technologies such as drones. She added that these initiatives brought by DOST stands with its battlecry of "Agham na Ramdam" in the communities.

Local Disaster Risk Reduction and Management Officers (LDRMO) of the Province of Ilocos Sur, together with personnel from the DOST participated in the training.

Central to the training is the Rapid Earthquake Damage Assessment System (REDAS), a specialized software platform developed by Dr. Bartolome C. Bautista, former Deputy Director of DOST PHIVOLCS. It is a platform designed to enable local planners to

model potential impacts from multiple hazards—including earthquakes, tsunamis, floods, severe winds, and agricultural crop damages. This is to better inform contingency plans and disaster risk reduction strategies.

This initiative aims to merge modern hardware (drones/RPAs) with scientific analytical software (REDAS) to enhance local disaster risk reduction, management, and emergency response capabilities. It features the hands-on quadcopter drone skills under Civil Aviation Authority of the Philippines (CAAP) safety guidelines to map high-risk areas. By feeding aerial imagery into the REDAS, participants learn to simulate multi-hazard impacts—enabling the province to build science-backed contingency plans in RPA Operations and REDAS applications.

Completers will earn formal credentials in both Quadcopter RPA Operations and the REDAS Module. This formal certification recognizing their competency in drone operations and scientific exposure database development will lay a stronger foundation for disaster-resilient communities in Ilocos Sur.

DOST remains driven in its vision of bringing innovation straight to the people whose stakeholders will not just be preparing for disasters but staying one step ahead of them. **(DOST)**



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EXTRAJUDICIAL SETTLEMENT OF THE INTESTATE ESTATE OF DOMINADOR BERNARDO WITH WAIVER OF RIGHTS

NOTICE is hereby given that in a document entitled “**Extrajudicial Settlement of the Intestate Estate of Dominador Bernardo with Waiver of Rights**,” executed by **Dominador Bernardo, Jr.**, and the heirs of **Natividad Bernardo Narciso**, namely **Marie Cielito R. Bernardo, Zenaida R. Bernardo**, and **Maria Dolores Bernardo Tomelden**, represented by **Dominador Bernardo, Jr.** by virtue of a Special Power of Attorney, the parties declared the following:

- (i) **DOMINADOR BERNARDO** died intestate on **28 May 1982**, leaving as his heirs his children and grandchildren;
- (ii) The Decedent left a **one-sixth (1/6) share** in a parcel of land covered by **Transfer Certificate of Title No. 77631**, containing an area of **1,458.10 square meters, more or less**;
- (iii) To the best of the heirs’ knowledge, the Decedent left **no debts or obligations** chargeable against his estate;
- (iv) Pursuant to **Rule 74, Section 1 of the Rules of Court**, the heirs extrajudicially settled, divided, and adjudicated the estate among themselves in **pro-indiviso equal shares**;
- (v) **Natividad Bernardo Narciso**, through her heirs **Marie Cielito R. Bernardo, Zenaida R. Bernardo**, and **Maria Dolores Bernardo Tomelden**, represented by **Dominador Bernardo, Jr.**, **waived, relinquished, renounced, and forfeited** all their rights, interests, and participation over the estate of **Dominador Bernardo** in favor of the remaining heir.

The Extrajudicial Settlement of the Intestate Estate of Dominador Bernardo with Waiver of Rights was executed in **Makati City** and notarized before **Atty. Merissa M. Bello**, Notary Public for Makati City, and entered in her notarial register as **Doc. No. 112; Page No. 26; Book No. 1; Series of 2025**.

THE SENTINEL POST
July 14, 21 and 28, 2026

EXTRAJUDICIAL SETTLEMENT OF THE INTESTATE ESTATE OF GUADALUPE BERNARDO DE JESUS WITH WAIVER OF RIGHTS

NOTICE is hereby given that in a document entitled “**Extrajudicial Settlement of the Intestate Estate of Guadalupe Bernardo De Jesus with Waiver of Rights**,” executed by the heirs of **GUADALUPE BERNARDO DE JESUS**, the parties declared that:

- (i) **GUADALUPE BERNARDO DE JESUS** died intestate on **16 September 1998**, leaving as her heirs her children and grandchildren;
- (ii) The Decedent left a **one-sixth (1/6) share** in a parcel of land covered by **Transfer Certificate of Title No. 77631**, containing an area of **1,458.10 square meters, more or less**;
- (iii) To the best of the heirs’ knowledge, the Decedent left **no debts or obligations** chargeable against her estate;
- (iv) Pursuant to **Rule 74, Section 1 of the Rules of Court**, the heirs extrajudicially settled and adjudicated the estate among themselves in **pro-indiviso equal shares**; and
- (v) The heirs likewise **waived, relinquished, renounced, and forfeited** their respective rights and interests over the estate of **Guadalupe Bernardo De Jesus**.

The Extrajudicial Settlement of the Intestate Estate of Guadalupe Bernardo De Jesus with Waiver of Rights was executed in **Makati City** and notarized before **Atty. Nerissa M. Bello**, Notary Public for Makati City, and entered in the notarial register as **Doc. No. 123; Page No. 28; Book No. 1; Series of 2025**.

THE SENTINEL POST
July 14, 21 and 28, 2026

EXTRAJUDICIAL SETTLEMENT OF THE INTESTATE ESTATE OF FILOMENA BERNARDO ESTRADA WITH WAIVER OF RIGHTS

NOTICE is hereby given that in a document entitled “**Extrajudicial Settlement of the Intestate Estate of Filomena Bernardo Estrada with Waiver of Rights**,” executed by the heirs of **FILOMENA BERNARDO ESTRADA**, the parties declared that:

- (i) **FILOMENA BERNARDO ESTRADA** died intestate on **01 January 2019**, leaving as her heirs her children and grandchildren;
- (ii) The Decedent left a **one-sixth (1/6) share** in a parcel of land covered by **Transfer Certificate of Title No. 77631**, containing an area of **1,458.10 square meters, more or less**;
- (iii) To the best of the heirs’ knowledge, the Decedent left **no debts or obligations** chargeable against her estate;
- (iv) Pursuant to **Rule 74, Section 1 of the Rules of Court**, the heirs extrajudicially settled and adjudicated the estate among themselves in **pro-indiviso equal shares**; and
- (v) **Filomena B. Estrada** and the heirs of **Arturo B. Estrada** likewise **waived, relinquished, renounced, and forfeited** their respective rights and interests over the estate of **Filomena Bernardo Estrada**.

The Extrajudicial Settlement of the Intestate Estate of Filomena Bernardo Estrada with Waiver of Rights was executed in **Makati City** and notarized before **Atty. Nerissa M. Bello**, Notary Public for Makati City, and entered in the notarial register as **Doc. No.189; Page No. 41; Book No. 1; Series of 2025**.

THE SENTINEL POST
July 14, 21 and 28, 2026

EXTRAJUDICIAL SETTLEMENT OF THE INTESTATE ESTATE OF SUSANA BERNARDO RAMOS WITH WAIVER OF RIGHTS

NOTICE is hereby given that in a document entitled “**Extrajudicial Settlement of the Intestate Estate of Susana Bernardo Ramos with Waiver of Rights**,” executed by the heirs of **SUSANA BERNARDO RAMOS**, the parties declared that:

- (i) **SUSANA BERNARDO RAMOS** died intestate on **02 August 1999**, leaving as her heirs her children, grandchildren, and great-grandchildren;
- (ii) The Decedent left a **one-sixth (1/6) share** in a parcel of land covered by **Transfer Certificate of Title No. 77631**, containing an area of **1,458.10 square meters, more or less**;
- (iii) To the best of the heirs’ knowledge, the Decedent left **no debts or obligations** chargeable against her estate;
- (iv) Pursuant to **Rule 74, Section 1 of the Rules of Court**, the heirs extrajudicially settled and adjudicated the estate among themselves in **pro-indiviso equal shares**; and
- (v) The heirs likewise **waived, relinquished, renounced, and forfeited** their respective rights and interests over the **Tondo Property** forming part of the estate of **Susana Bernardo Ramos**.

The Extrajudicial Settlement of the Intestate Estate of Susana Bernardo Ramos with Waiver of Rights was executed in **Makati City** and notarized before **Atty. Nerissa M. Bello**, Notary Public for Makati City, and entered in her notarial register as **Doc. No. 187; Page No. 41; Book No. 1; Series of 2025**.

THE SENTINEL POST
July 14, 21 and 28, 2026

SUPPLEMENTAL (AMENDED) EXTRAJUDICIAL SETTLEMENT OF THE INTESTATE ESTATE OF SUSANA BERNARDO RAMOS WITH REVOCATION OF WAIVER OF RIGHTS

NOTICE is hereby given that in a document entitled “**Supplemental (Amended) Extrajudicial Settlement of the Intestate Estate of Susana Bernardo Ramos with Revocation of Waiver of Rights**,” executed by the heirs of **SUSANA BERNARDO RAMOS**, the parties declared that:

- (i) The heirs had previously executed an **Extrajudicial Settlement of Estate** dated **09 June 2025**, wherein certain heirs executed a **Waiver of Rights** over their hereditary shares;
- (ii) By mutual agreement of **all the heirs**, the said **Waiver of Rights** was **revoked and set aside**, thereby restoring the hereditary shares of the waiving heirs;
- (iii) Pursuant to **Rule 74, Section 1 of the Rules of Court**, the heirs amended the prior Extrajudicial Settlement and agreed to divide and adjudicate the estate among themselves in accordance with their respective hereditary shares under the Civil Code.

The Supplemental (Amended) Extrajudicial Settlement of the Intestate Estate of Susana Bernardo Ramos with Revocation of Waiver of Rights was executed in **Makati City** and notarized before **Atty. Gregorio B. Velasquez Jr.** Notary Public for Makati City, and entered in the notarial register as **Doc. No. 605; Page No. 17; Book No. 2; Series of 2026**.

THE SENTINEL POST
July 14, 21 and 28, 2026

Hindi Kailangan ng Valid ID para Makakuha ng Postal ID - PHLPost

Nilinaw ng Philippine Postal Corporation (PHL-Post) na hindi kailangang mag-submit ng valid government-issued ID bilang requirement para makapag-apply ng Postal ID.

Kailangan lamang magsumite ng Birth Certificate, Barangay Certificate at Postal ID Application Form. Ito ang lang ang mga pangunahing hinihingi ng PHLPost para sa mga first-time na kukuha ng Postal ID.

Para sa mga aplikanteng walang maipakitang Barangay Certificate, maaari silang mag-submit ng iba pang tinatanggap na proof of address tulad ng pinakahuling bayarin sa kuryente, tubig, internet, o iba pang utility bill na naglalaman ng kanilang pangalan at kasalukuyang tirahan.

Inilabas ng PHLPost ang paglil-



inaw na ito upang higit pang mapal-awak ang kaalaman ng publiko tungkol sa mga requirement sa pagkuha ng Postal ID at maitama ang maling paniniwala na kinakailangan munang magkaroon ng ibang valid government-issued ID bago makakuha nito.

“Ang Postal ID ay inilunsad upang gawing mas madali para sa mga Pilipino ang pagpapatunay ng kanilang pagkakakilanlan (proof of identity) lalo na para sa mga kumukuha pa lamang ng kanilang unang government-issued ID,” ayon kay Postmas-

ter General at Chief Executive Officer Maximo C. Sta. Maria III. “Sa pamamagitan ng Birth Certificate at proof of address maaari nang simulan ng mga kwalipikadong aplikante ang proseso ng pagkuha ng isang government-issued ID.”

Bilang isa sa mga pinaka-abot-kaya at madaling makuhang government-issued identification card sa bansa, malaking tulong ang Postal ID para sa mga first-time ID holders, estudyante, job applicants, senior cit-

izens, solo parents, persons with disabilities (PWDs), at mga mamamayang nasa malalayong komunidad na may limitadong access sa iba pang uri ng pagkakakilanlan.

Kalimitang tinatanggap sa mga transaksyon sa pampubliko at pribadong sektor, maaaring gamitin ang Postal ID sa pagbubukas ng bank account, pag-aapply ng pasaporte, pagclaim ng mga parsela, pagpapadala at pagtanggap ng koreo, at sa iba pang legal at pinansyal na transaksyon.

REPUBLIC OF THE PHILIPPINES
NATIONAL CAPITAL JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
AND EX-OFFICIO SHERIFF
CITY OF MUNTINLUPA
rtc1munocc@judiciary.gov.ph
09610571730 / (02) 8247-7347

UNION BANK OF THE PHILIPPINES,
Mortgagee/s,

-versus-

FORECLOSURE
NO. **E-26-060**

EVANGELYN D. AUSTRIA, ,
Mortgagors/s.

X ----- X

NOTICE OF EXTRA JUDICIAL SALE

Upon extra-judicial petition for sale under Act No. 3135, as amended by Act No. 4118, filed by **UNION BANK OF THE PHILIPPINES**, mortgagee, with postal address at Union Bank Plaza Building, Meralco Avenue corner Onyx and Sapphire Roads, Ortigas Center, Pasig City, Metro Manila, against **EVANGELYN D. AUSTRIA, represented by her duly designated Attorney-in-Fact ALYSSA NICOLE D. AUSTRIA**, mortgagor, with postal addresses at 96 E. Abello Street, IVC, Marikina City and/ or 96 E. Abello Street, Olandes, Marikina City and/or Unit No. U201, 2nd Floor, Studio City, Tower 4, Block 42, Lot 5-6, West Parc Drive, Filinvest Corporate Alabang, Muntinlupa City, to satisfy the mortgage indebtedness which, as of May 4, 2026, amounts to Two Million Six Hundred Sixty Nine Thousand Eighty Three Pesos and 10/100 centavos (Php2,669,083.10), Philippine Currency, inclusive of accrued interests, the undersigned Clerk of Court and Ex-Officio Sheriff of the Regional Trial Court, Muntinlupa City, thru Mr. Ritchie M. Arciaga, Sheriff-In-Charge, shall sell at the public auction on August 12, 2026 at 10:00 o'clock in the morning, or soon thereafter, at the **main entrance of the Muntinlupa City Hall of Justice, located at National Road, Tunasan, Muntinlupa City**, to the highest bidder, for CASH and/ or Manager's Check and in Philippine Currency, the following property/ies with all its improvements, to wit:

CONDOMINIUM CERTIFICATE OF TITLE
NO. 014-2023000797

IT IS HEREBY CERTIFIED that the unit identified and described as: UNIT NO. U201, RESIDENTIAL, LOCATED AT 2ND FLOOR, CONTAINING AN AREA OF SEVENTEEN POINT ZERO SIX (17.06) SQUARE METERS, MORE OR LESS AND FORMING PART OF STUDIO CITY, TOWER 4, LOCATED AT BLOCK 42, LOT 5-6, WEST PARC DRIVE, FILINVEST CORPORATE CITY, ALABANG, MUNTINLUPA CITY.

in the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on TRANSFER CERTIFICATE OF TITLE 150206 which embraces and describes the land located at CITY OF MUNTINLUPA with an area of SEVEN THOUSAND TWO HUNDRED TWENTY-ONE (7,221) Square Meter, is registered in the name of:

Owner : EVANGELYN DIAZ AUSTRIA, WIDOW, OF LEGAL AGE, FILIPINO CITIZEN

Address : 96 E. ABELLO ST., OLANDES
MARIKINA CITY PHILIPPINES

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on August 27, 2026 without further notice.

Prospective buyers and bidders may investigate for themselves the title herein above described and encumbrances thereon, if any, there be.

Muntinlupa City, June 8, 2026.

(Sgd.)
RITCHIE M. ARCIAGA
RTC- BRANCH 256
Sheriff-in-Charge

(Sgd.)
Atty. CHARMAINE C. APOLINARIO-
JIMENEZ
Clerk of Court VI & Ex-Officio Sheriff

NOTE: Award of Publication in THE SENTINEL POST drawn by lot in accordance with law.
Dates of publication July 14, 21 & 28, 2026.

WARNING

IT IS ABSOLUTELY PROHIBITED TO REMOVED, DEFACE, OR DESTROY THIS NOTICE OF SALE ON OR BEFORE THE DATE OF SALE UNDER THE PENALTY OF LAW.

Copy furnished:

ROLANDO T. POLICARPIO
Union Bank Plaza Building
Meralco Avenue corner Onyx and Sapphire Roads
Ortigas Center, Pasig City, Metro Manila

EVANGELYN D. AUSTRIA
96 E. Abello St., IVC, Marikina City

and/or

96 E. Abello Street, Olandes, Marikina City

and/or

Unit No. U201, 2nd Floor, Studio City, Tower 4
Block 42, Lot 5-6, West Parc Drive
Filinvest Corporate Alabang, Muntinlupa City

ALYSSA NICOLE D. AUSTRIA (Attorney-In-Fact)
96 E. Abello St., IVC, Marikina City

and/or

96 E. Abello Street, Olandes, Marikina City

and/or

Unit No. U201, 2nd Floor, Studio City, Tower 4
Block 42, Lot 5-6, West Parc Drive
Filinvest Corporate Alabang, Muntinlupa City

THE SENTINEL POST
July 14, 21 and 28, 2026



Lacson bares fresh evidence of double billing in ghost infra in Taguig

MANILA – Senator Panfilo “Ping” Lacson has bared fresh evidence pointing to double billing and collection involving infrastructure projects in Taguig City, the political bailiwick of former Senate president Alan Peter Cayetano.

Lacson said one case involved two supposedly different projects that shared the same photo for billing purposes, while another involved a single slope protection project that received two separate budget appropriations.

“TAGUIG GHOST INFRA PROJECTS UP-DATE #4: Two different projects, two distinct appropriations, two different technical descriptions and locations, two different contractors, but sharing the same photo for billing purposes. Status: both billed and collected,” he said in a post on X, referring to the first case.

“(The second case involves) One slope protection project, one location, one technical description, two separate budget appropriations. Status: both billed and collected,” he added. “Are these not criminal acts?”

The latest findings add to the growing body of evidence gathered by Lacson and his team on anomalous infrastructure projects in Taguig City.

“The full details and pieces of evidence will be turned over to the Ombudsman or presented during the Blue Ribbon Committee hearings when called,” Lacson said.

Meanwhile, he said a person’s character – and whether he is guilty or innocent – is shown by how he responds when his integrity is attacked.

“BE NOT AFRAID. When one’s integrity is attacked, his character is revealed and tested. The guilty bargains and pleads; the innocent stands his ground and challenges his attacker on even terms,” Lacson said in a post on X Saturday evening.

“Be Not Afraid” is also the name of the coalition Lacson launched in 2005 to promote accountability and encourage citizens to stand up against corruption.

“This is not about friendship or personal fights, this is about accountability,” he said. **(PNA)**

Gatchalian orders tighter Senate security after suspected IED found

MANILA – Senate President Sherwin Gatchalian on Monday ordered tighter security at the Senate and a full investigation after a suspected improvised explosive device (IED) was found about 150 meters from the gate.

The suspicious package was discovered near the rear tire of a towing truck outside the Senate premises in Pasay City, hours before officials leave for President Ferdinand R. Marcos Jr.’s fifth State of the Nation Address at the House of Representatives in Quezon City.

“We condemn in the strongest terms this apparent attempt to sow fear near the Senate,” Gatchalian said in a statement.

He said the incident would not distract senators from performing their duties, adding that “no such act of intimidation” would derail the chamber’s work for the Filipino people.

Office of the Sergeant-at-Arms (OSAA) chief Alfred Corpus said towing personnel initially opened what appeared to be a small box and found an object containing wires and batteries. Senate police officers patrolling the area later inspected the package and alerted their superiors, prompting the Explosive Ordnance Disposal (EOD) team to respond.

Corpus said authorities found a battery, clamp, plastic cup and brown powder, leading investigators to initially treat the object as a suspected IED.

“The package is with SOCO right now to determine if it is really an IED,” Corpus told reporters, referring to the Philippine National Police Scene of the Crime Operatives.

Gatchalian said he directed the OSAA to fully coordinate with the PNP and its EOD unit, which had already secured the area.

He thanked responding personnel for their swift action and expressed relief that no one was injured.

The Senate President also asked authorities to conduct a “thorough, impartial investigation” to identify those responsible and determine their motive.

“The perpetrators must be identified and held accountable under the law,” he said.

Corpus said additional security personnel would be deployed around the Senate grounds, while inspections of people entering the premises would be intensified. The tighter measures would cover both the interior and surrounding areas of the Senate complex and remain in place pending the official findings of investigators.

Gatchalian appealed to the public to remain calm and vigilant and immediately report suspicious activities to authorities. **(PNA)**

PTFOMS, CICC strengthen collaboration to protect journalists from cyber threats

The Presidential Task Force on Media Security (PTFOMS) and the Cybercrime Investigation and Coordinating Center (CICC) today signed a Memorandum of Agreement (MOA) to ensure the safety and security of journalists online. Undersecretary Jose Torres Jr., PTFOMS Executive Director, said the “strategic alliance aims to address and mitigate the growing cybercrime threats and harassment faced by media workers.”

He noted that as digital platforms become essential tools for journalism, the risk to media practitioners from online harassment, threats, data privacy breaches, disinformation, and cybercrimes has heightened. The MOA seeks to extend protection to journalists in the digital sphere, ensuring the exercise of their rights to free expression and information is preserved.

The CICC, established under the Cybercrime Prevention Act of 2012 (RA No. 10175), is mandated to enhance cybersecurity. Through the collaboration, PTFOMS and CICC will pool their resources, expertise, and legal frameworks to provide enhanced protection against cyberattacks targeting journalists. Under the agreement, PTFOMS and CICC will work together to address and resolve cybercrime issues concerning media personnel.

The CICC will render assistance on complaints reported by PTFOMS, ensuring expedient referrals to law enforcement and prosecutorial bodies. It will also supply digital forensic support, cyber intelligence, and technical resources to streamline investigations and ensure accountability and effective prosecution of offenders. The collaboration will also see CICC sharing its cybersecurity expertise with PTFOMS to bolster

its operational capacity in monitoring investigations.

The partnership includes coordinating with local government units, media organizations, civil society, and other stakeholders to strengthen digital security measures for media workers. Republic of the Philippines Office of the President PRESIDENTIAL TASK FORCE ON MEDIA SECURITY Undersecretary Torres said these efforts underscore the government’s commitment to defending press freedom by fostering a secure environment where journalists can work uninhibited by cyber threats. He said individuals perpetrating online attacks on media workers will face due consequences.

The enhanced protection across physical and digital domains exemplifies the Ferdinand Marcos Jr. administration’s dedication to democratic values that reject violence against journalists, encourage the unrestricted movement of information, and uphold the importance of the press. “This partnership marks a progressive step toward nurturing a society where ethical journalism and responsible reporting flourish,” said Undersecretary Torres.

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
NATIONAL CAPITAL JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
AND EX-OFFICIO SHERIFF
QUEZON CITY
Email Address: rtcqcocc@judiciary.gov.ph
Mobile No./Landline No. 09155083986/89243843

BDO UNIBANK, INC.,
Mortgagee,

-versus-

FRE NO. 16623

ROLDAN DUQUE FORTIN,
as represented by his
Attorney-in-Fact,
ROWENA FORTIN CABANSAG,
Mortgagor.

x ----- x

NOTICE OF EXTRA-JUDICIAL SALE OF REAL PROPERTY UNDER ACT 3135 (AS AMENDED)

UPON extra-judicial petition under ACT 3135, as amended by ACT 4118, and pursuant to the terms and conditions of the **Uniform Loan and Mortgage Agreement (Real Estate) and Supplemental Terms and Conditions of the Uniform Loan and Mortgage Agreement** executed on **June 17, 2021 and May 12, 2023 by ROWENA FORTIN CABANSAG, as Attorney-in-Fact of ROLDAN DUQUE FORTIN** – San Francisco (Cab 23), Ilagan City, Isabela, 3300 / Cab 23 San Antonio, Ilagan, Isabela, 3300 / Lot 72, Block 1, Celina Homes, Burgos Rodriguez, Rizal 1860 / Unit 0724, 7th Floor, Tower 19, Trees Residences, Quirino Highway, Barangay Pasong Putik, Novaliches, Quezon City, **Mortgagor**, in favor of **BDO UNIBANK, INC., Mortgagee**, to satisfy the mortgage debt in the amount of **₱1,789,902.00** as of **June 1, 2026** including interest, penalties and expenses incidental thereto and other charges, together with all the lawful fees and expenses of foreclosure sale, the Ex-Officio Sheriff of the Regional Trial Court of Quezon City and/or his duly authorized deputy Sheriff, hereby announces that on **September 7, 2026** between the hours of **9:00 A.M. to 4:00 P.M.**, at the Office of Clerk of Court & Ex-Officio Sheriff, Regional Trial Court, Hall of Justice Bldg., Elliptical Road, Diliman, Quezon City, will SELL through public auction to the highest bidder and for cash, in Philippine currency, the following described real property/ies with all the improvements existing thereon, to wit:

CONDOMINIUM CERTIFICATE OF TITLE NO. 004-2023000540 Registry of Deeds–Quezon City

TREES RESIDENCES
TOWER 19

TOWER : 19
FLOOR : 7
UNIT NO. : 724
UNIT TYPE : 1-BEDROOM UNIT
UNIT AREA : 22.92 SQ. M.

IN THE DIAGRAMMATIC FLOOR PLAN APPENDED TO THE ENABLING OR MASTER DEED OF THE SAID CONDOMINIUM PROJECT ANNOTATED ON TRANSFER CERTIFICATE OF TITLE 201500343 WHICH EMBRACES AND DESCRIBES THE LAND LOCATED AT QUIRINO HIGHWAY, BRGY. PASONG PUTIK, NOVALICHES, QUEZON CITY WITH AN AREA OF TWENTY-SIX THOUSAND TWO HUNDRED NINETY-THREE (26,293) SQUARE METER. xxx xxx xxx

All sealed bids must be submitted to the undersigned at the aforesaid office on the above stated date and time.

Interested parties are hereby enjoined to investigate for themselves the title to the said property/ies and the encumbrances thereon, if there be any.

In the event that public auction should not take place on said date due to fortuitous event or if the same be declared a non-working holiday or for any other lawful/ valid reasons, it shall be held on **September 14, 2026** at the same time and place without further notice.

Quezon City, Metro Manila, July 8, 2026.

(Sgd.)
JOSEPH D. GADDI
Sheriff IV

(Sgd.)
GREGORIO C. TALLUD
Clerk of Court VII & Ex-Officio Sheriff

Publication: THE SENTINEL POST
Dates: July 14, 21 & 28, 2026.

WARNING:
It is absolutely prohibited to remove, deface or destroy this Notice of Sheriff’s Sale or to tear the door of the auction sale under penalty of the law.

Copy furnished:

BDO UNIBANK, INC.,
REMEDIAL MANAGEMENT UNIT
33rd Floor, BDO Corporate Center Ortigas
No. 12, ADB Avenue, Mandaluyong City

ROLDAN DUQUE FORTIN, as represented
by his Attorney-in-Fact, ROWENA FORTIN
CABANSAG
San Francisco (Cab 23), Ilagan City, Isabela, 3300

Cab 23 San Antonio, Ilagan, Isabela, 3300

Lot 72, Block 1, Celina Homes, Burgos Rodriguez,
Rizal 1860

Unit 0724, 7th Floor, Tower 19, Trees Residences,
Quirino Highway, Barangay Pasong Putik, Novaliches,
Quezon City.

THE SENTINEL POST
July 14, 21 and 28, 2026



Residents of Cagayan de Oro and nearby communities now have access to a dedicated facility for animal bite management and preventive care with the opening of the Ratilla Medical Clinic & Animal Bite Center at the Our Lady of Manaoag Town Center along RN Pelaez Boulevard, Kauswagan. The newly opened Animal Bite

RATILLA MEDICAL CLINIC & ANIMAL BITE CENTER NOW OPEN IN CAGAYAN DE ORO CAGAYAN DE ORO CITY

Center is equipped to provide immediate medical attention to individuals who have been bitten or scratched by dogs, cats, and other animals, offering wound assessment, proper wound care, and vaccination services.

The center said it aims to provide fast, safe, and reliable treatment to patients while promoting greater awareness of rabies prevention and responsible health care.

According to the clinic, it uses WHO pre-qualified vaccines, providing patients with vaccines that meet recognized international quality and safety standards.

The facility also promotes a streamlined treatment program, with its announcement stating that eligible patients may complete their vaccination regimen within one week,

depending on the recommended treatment protocol and medical assessment. Patients are encouraged to consult qualified medical professionals, as the appropriate schedule may vary depending on the nature and severity of the exposure.

“Our goal is to make quality animal bite treatment more accessible to the community and to ensure that patients receive prompt and appropriate medical care,” the clinic said.

The Ratilla Medical Clinic & Animal Bite Center is open Monday to Saturday, from 9:00 a.m. to 6:00 p.m. It is located at Our Lady of Manaoag Town Center, RN Pelaez Boulevard, Kauswagan, Cagayan de Oro City. For inquiries and emergency concerns, the clinic may be reached at 0912 818 8078.

SSS Chief lauds Visa, RCBC-powered fare system rollout

Social Security System (SSS) President and Chief Executive Officer Robert Joseph M. de Claro tested the new cashless fare system on Monday, 13 July 2026, at LRT-2’s Legarda Station during the launch of the Automated Fare Collection System (AFCS), praising the rollout as a boost to commuter convenience.

Department of Finance (DOF) Secretary and Social Security Commission (SSC) Chairperson Frederick D. Go also graced the launch. The AFCS, an initiative led by the Light Rail Transit Authority (LRTA) and the Department of Transportation (DOTr), aims to streamline fare payments, reduce reliance on cash, and provide commuters with a faster and more seamless travel experience.

The cashless fare system is powered by Visa and Rizal Commercial Banking Corp. (RCBC), an SSS partner bank for the MySSS Card. As part of RCBC’s PISO Fare Cashback Promo, holders of the MySSS Card powered by RCBC DiskarTech may enjoy the promo from July 13 to July 31 when using their card, allowing eligible cardholders to ride for as low as Php1, subject to the promo’s terms and conditions.

SSS, Saudi-based FilCom organization to boost SSS coverage among OFWs

QUEZON CITY – The Social Security System (SSS) and OFW Council of Leaders signed a Memorandum of Understanding (MOU) on 22 June 2026 to promote social security coverage among Overseas Filipino Workers (OFWs) in Saudi Arabia and their families, as part of the SSS’ efforts to expand membership among OFWs in the Middle East.

OFW Council of Leaders Director-General Mofedah R. Daknash (3rd from left) and SSS Vice President for Asia, Americas and Pacific Operations Division Paul Erik D. Manalo (4th from left) led the signing of the MOU, which mobilizes more than 100 Filipino group leaders in Saudi Arabia to encourage migrant workers to become SSS members and secure social protection for themselves and their families.

Also present during the MOU signing were OFW Council of Leaders Member Ruby Dizon (2nd from left), together with other SSS officials Acting Executive Vice President for Branch Operations Sector Antonio S. Argabioso (6th from left), Acting Vice President for Middle East and Europe Operations Division Roberto V. Roldan (1st from left), and Overseas Filipino Workers Management Department Manager III Francis Paolo P. Lazaro (5th from left).

Manalo said the MOU signing marks a milestone, as the OFW Council of Leaders is the first Filipino community group network in the Middle East to enter a formal partnership with the SSS to promote its programs and services.

(SSS Website News)

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
National Capital Judicial Region
Branch 97, Quezon City
rtc2qzn097@judiciary.gov.ph | (02) 87433334

MARIE SOLEIL C. CASCON,
Petitioner,

SPEC. PROC. CASE NO.
R-QZN-26-04913-SP

- versus -

For: Petition for Recognition of Foreign Divorce based on Article 26 (2) of the Family Code and Cancellation of Entry in the Civil Registry based on Rule 108 of the Rules of Court

SILVIO HITOSHI TAHARA,
PHILIPPINE STATISTICS
AUTHORITY, THE CIVIL
REGISTRAR GENERAL, and
the LOCAL CIVIL REGISTRY
OF QUEZON CITY,
Respondents.

x ----- x

ORDER

In her verified Petition, Marie Soleil C. Cascon (“petitioner”) prays, among others, that after due hearing, a judgment be rendered judicially recognizing the foreign divorce decree between her and private respondent Silvio Hitoshi Tahara (“private respondent”) registered pursuant to Japanese laws, ordering the Office of the Civil Registrar and the Philippine Statistics Authority to annotate the *Divorce Decree in the Report of Marriage* of the parties and correct/annotate the entry of marriage in such document and their official records.

Petitioner claims that she met the private respondent in 2006 while working as an entertainer in a club in Japan. They got married on 09 April 2007 in Kani City, Gifu, Japan. They got along well during the first years of their marriage. However, the difference between the Japanese and Filipino culture became evident in their marriage which resulted in disappointments affecting their marriage hence, they agreed to file for divorce.

Thereafter, on 05 April 2016, a Certificate of Acceptance of Divorce was issued by the Office of the Mayor of Kani City, Gifu Prefecture, Japan. The Notification of Divorce was likewise issued stating that the parties were divorced on 5 April 2016.

The *Petition*, being sufficient in form and substance, is hereby given due course and set for initial hearing on **9 September 2026 at 8:30 in the morning** before this court sitting at Room 409, 4th Floor, Hall of Justice Annex Building, Quezon City Hall Compound, Quezon City, at which date, time and place, all interested persons are required to appear and show cause why the Petition should not be granted.

WHEREFORE, let copies of this Order be published at the expense of the petitioner at least once a week

for three (3) consecutive weeks prior to initial hearing in a newspaper of general circulation. Accordingly, let a copy of this Order be forwarded to the Office of the Clerk of Court, Regional Trial Court, Quezon City for raffle to pick from among the newspapers or periodicals which will publish the judicial notices as prescribed under P.D. 1079.

Likewise, let copies of this Order together with the Petition and its annexes, be furnished the Office of the Solicitor General, the Office of the City Prosecutor of Quezon City, the Philippine Statistics Authority, the Civil Registrar of Quezon City, and the Civil Registrar General for their information and comment.

SO ORDERED.

Quezon City, Metro Manila, 15 June 2026.

(Sgd.)
ROCHELLE S. MANUEL
Presiding Judge

Copy furnished:

ATTY. MIGUEL CASTILLO
Counsel for the Petitioner
Unit 19M, Tower 1, The Columns Legazpi Village,
1229 Antonio Arnaiz Ave., Legazpi Village,
Makati City, Metro Manila 1223

MARIE SOLEIL C. CASCON
Petitioner
Unit 202B Vendome, Chateau Elysee,
Doña Soledad Avenue, Moonwalk,
Parañaque City, Philippines

SILVIO HITOSHI TAHARA (for publication)
Private Respondent
Room No. 307, Lecos Higashiyama, 2540-1, Dota, Kani City,
Gifu Prefecture, Japan

CIVIL REGISTRAR OF QUEZON CITY
Civic Center Bldg. C, Quezon City Hall Compound,
Quezon City

CIVIL REGISTRAR GENERAL
PHILIPPINE STATISTICS OFFICE
PSA Complex, East Avenue, Diliman, Quezon City

OFFICE OF THE SOLICITOR GENERAL
134 Amorsolo St., Legaspi Village, 1229 Makati City

OFFICE OF THE CITY PROSECUTOR
Quezon City

SACP ULRIC Q. BADIOLA
Public Prosecutor, Quezon City

OFFICE OF THE CLERK OF COURT (for publication purposes)
Regional Trial Court, Quezon City

RSM/Jel

THE SENTINEL POST
July 21, 28 and August 4, 2026

DOLE, DTI, DOF collaborate to secure supply chains, uphold labor rights

PASIG CITY — Strengthening the country’s efforts against forced labor, the Department of Labor and Employment (DOLE), Department of Trade and Industry (DTI), and the Department of Finance (DOF) have joined forces to safeguard workers’ rights.

Labor Secretary Francis N. Tolentino, together with Trade and Industry Secretary Cristina Roque and Finance Secretary Frederick Go, last week led the signing of a Joint Administrative Order (JAO) that strengthens the country’s efforts against forced labor.

Tolentino said that the initiative is a major step in protecting workers’ rights, promoting

fair competition, and upholding human dignity.

“I hope through this mechanism, we will showcase to the entire world, not just the Philippines—not just ASEAN—that the Philippines is trailblazing with respect to prohibition against forced labor, respect for workers’ dignity, as well as the integrity of free trade,” Tolentino said.

He added that the Philippines aims to become a regional leader in eliminating forced labor while ensuring ethical and responsible trade.

As vice-chair of the new inter-agency committee, DOLE will help safeguard workers’ rights, promote fair competi-

tion, and ensure that Philippine supply chains uphold ethical labor standards.

Secretary Go said the JAO provides a clear framework for investigating and preventing the entry of goods linked to human exploitation, while reaffirming the country’s commitment to responsible business conduct and ethical sourcing.

Moreover, the initiative shields everyday consumers, workers, and legitimate businesses from the harmful effects of unfair and abusive trade.

The joint order helps the Philippines fulfill its global agreements to protect workers worldwide. (JEG/PIA-NCR)

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
National Capital Judicial Region
Branch 184 – Manila
Email Add: rtc1mnl184@judiciary.gov.ph
Contact Nos. (02) 82551990 / 09310808581

IRISH CLABELLE DOMINISAC,
Petitioner,

- versus -

OFFICE OF THE LOCAL CIVIL REGISTRAR OF MANILA, THE OFFICE OF THE PHILIPPINE STATISTICS AUTHORITY, MARILOU SAGUILLO DOMINISAC, DINDO EDGARDO SALA, SCOTT DENMARK DOMINISA C SALA, AND ALL PERSONS/ENTITIES WHO/WHICH MAY BE AFFECTED THEREBY,
Respondents.

CIVIL CASE NO. R-MNL-26-03366-SP
For: Petition for the Correction/ Cancellation of Entries as to Certificate of Birth of Irish Clabelle Dominisac Sala

ORDER

Before this Court is an Amended Petition for Correction/Cancellation of Entries as to Certificate of Birth filed on 1 July 2026. Petitioner seeks the following corrections:

- 1) Provide the full name of petitioner as **IRISH CLABELLE DOMINISAC** instead of Irish Clabelle Dominisac Sala;
- 2) Entry as to the information as Petitioner’s father be cancelled; and
- 3) Entry as to the date and marriage of Petitioner’s parents be cancelled.

Finding the Amended Petition to be sufficient in form and substance, let the instant case be set for hearing on **3 September 2026** and **17 September 2026** both at **8:30 o’clock in the morning**, of which date and time the interested parties may appear and show cause, if any, why this Amended Petition shall not be granted.

The petitioner is ordered to serve a copy of this Order and the Amended Petition to the Office of the Solicitor General, Local Civil Registrar, Philippine Statistics Authority, and the private respondents through the authorized modes of service and submit her compliance hereto before the scheduled hearing on 3 September 2026.

Likewise, petitioner is hereby directed to cause the publication of this Order once a week for three (3) consecutive weeks in a newspaper of general circulation selected by raffle, provided that the last publication be not later than 19 August 2026.

The Local Civil Registrar of Manila, private respondent, or any person having or claiming interest under the entry whose change or correction is sought may, within fifteen (15) days from notice of the Amended Petition, or from the last date of publication of such notice, file their objection thereto before this Court.

Let a copy of this Order be furnished to the petitioner and her counsel for their

compliance and to the Office of the Clerk of Court - Regional Trial Court of Manila for the inclusion of this case to the publishers’ raffle.

SO ORDERED.

Given this 3rd day of July 2026, in the City of Manila, Philippines.

(Sgd.)
CZARINA E. SAMONTE-VILLANUEVA
Presiding Judge

Copy Furnished	Remarks/Signature
ACP JODALINE L. TAGUINOD Office of the City Prosecutor - Manila Room 303, 3 rd floor, Manila City Hal	Sent via email acp.lexderecho@gmail.com
IRISH CLABELLE DOMINISAC No. 15-F Pacaña St., Punta Princesa, Cebu City	Sent via email
ATTY. JOCELYN A. ONG Room 309 Pelbel Bldg., 2019 Shaw Blvd., Pasig City	jao_ong@yahoo.com
MARILOU SAGUILLO DOMINISAC SCOTT DENMARK DOMINISAC SALA No. 15-F Pacaña St., Punta Princesa, Cebu City	
DINDO EDGARDO SALA 1050 Mariposa Avenue, Los Angeles, California	
OFFICE OF THE CLERK OF COURT – RTC MANILA 4 th Floor, Manila City Hall	Sent via email rtc1mnlocc@judiciary.gov.ph
OFFICE OF THE SOLICITOR GENERAL 134 Amorsolo St., Legaspi Village, Makati City	Sent via email efile@osg.gov.ph
MANILA CIVIL REGISTRY Rm. 117, Ground Floor, Arroceros St., City Hall, Manila	Sent via email manila.cro@yahoo.com
PHILIPPINE STATISTICS AUTHORITY PSA Office, East Avenue, Diliman, Quezon City, Metro Manila	Sent via email crs.gvl1@psa.gov.ph legal.staff@psa.gov.ph
Monthly Report	

THE SENTINEL POST
July 21, 28 and August 4, 2026

Inclusive by Practice: PHLPost Honors its Deaf Employees



PHLPost Postmaster General Maximo C. Sta. Maria III engages in sign language communication with deaf-mute employees assigned at the Central Mail Exchange Center (CMEC) in Pasay City.

MANILA, Philippines — As the country celebrates National Disability Rights Week from July 17 to 23, the Philippine Postal Corporation (PHLPost) honors its deaf employees whose dedication and professionalism have strengthened postal operations and reflect a culture of inclusion that has been part of PHLPost for decades.

Assigned at the Central Mail Exchange Center (CMEC) in Pasay City, these employees perform vital oper-

ational functions, including mail processing, sorting, dispatch preparation, and other support services. Their efficiency, discipline, and attention to detail have made them an integral part of PHLPost’s mission of delivering reliable postal services across the country. PHLPost’s commitment to inclusive employment dates back more than four decades. During his tenure as Postmaster General from 1981 to 1986, the late Congressman Roilo Golez, championed the hiring of



Photo: (Left) Gerry G. Gabriel, Permanent Bagger and Dispatcher, 40 years in Service. (right) Luis A. Mercado, Permanent Mail Sorter, 16 years of Service

hearing-impaired individuals at the former Bureau of Posts, helping break employment barriers for persons with hearing disabilities at a time when workplace inclusion had yet to become a widely recognized advocacy.

“Our deaf employees have consistently demonstrated professionalism, discipline, and commitment to public service. They are valued members of the PHLPost family and their contributions have helped strengthen our operations over the years,” said Postmaster General Maximo C. Sta. Maria III.

Many of these employees have dedicated years of service to PHLPost, proving that disability is never a bar-

rier to excellence, productivity, and teamwork. Their achievements continue to inspire a workplace where people are recognized for their abilities, dedication and performance.

As PHLPost continues to modernize and expand its services, it remains committed to fostering a workplace where every Filipino is given the opportunity to contribute, grow and succeed.

This National Disability Rights Week, PHLPost proudly honors its employees with disabilities while reaffirming its commitment to building a workforce where everyone has the opportunity to contribute and help the nation. **(PhilPost)**



REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
NATIONAL CAPITAL JUDICIAL REGION
BRANCH 297, PASAY CITY
34 Floor, No. 105 JGG Building
Pasadeita St., Pasay City Tel. No. 8252-7651
Email Address: rtc1psy297@judiciary.gov.ph

IN THE MATTER OF THE
PETITION FOR THE RE-
ISSUANCE OF NEW OWNER'S
DUPLICATE COPY OF
TRANSFER CERTIFICATE OF
TITLE NO. 003-2020000032
ISSUED BY THE REGISTRY OF
DEEDS FOR PASAY CITY, IN
LIEU OF THE LOST OWNER'S
DUPLICATE COPY,

LRC Case No. R-PSY-26-01570-LR

JASON AVES GUY,
Petitioner.

-versus-

REGISTRY OF DEEDS FOR
PASAY CITY, LAND
REGISTRATION AUTHORITY,
Respondents.

X ----- X

ORDER

Before this Court is a verified Second Amended Petition filed by petitioner, through counsel on 13 July 2026, through counsel, praying that after due notice and hearing, judgment be rendered, granting the instant petition and accordingly, an Order be issued directing the Register of Deeds of Pasay City to re-issue an owner's duplicate copy of Transfer Certificate of Title No. 003-2020000032 under the same terms and conditions as the original thereof.

Finding the Petition to be sufficient in form and substance, the Court hereby set the same for hearing on **24 September 2026 at 8:30 in the morning** at the 34 Floor, No. 105 JGG Building, Pasadeña St., Pasay City.

Let this Order be published in a newspaper of general circulation once a week for three (3) consecutive weeks, to be selected by raffle pursuant to Presidential Decree No. 1079, and posted by the Branch Sheriff in three (3) conspicuous places in Pasay City.

The Sheriff / Process Server of this Court is directed to furnish the Registry of Deeds for Pasay City and Land Registration Authority with a copy of this Order and the Petition with annexes.

SO ORDERED.

16 July 2026, Pasay City.

(Sgd.)
RONALD AUGUST L. TAN
Presiding Judge

RALT/hod
Copy furnished:

Atty. Bayani L. Chua
Counsel for the Petitioner
Room 202, Belman II Building, 78 Cordillera Street, cor. Quezon Avenue,
Quezon City
kcta_law@yahoo.com

Jason Aves Guy
Petitioner
Unit 31-A 31st Floor, Sunview Palace Condominium, City of Manila

Register of Deeds for Pasay City
Respondent
Pasay City Hall Building, F.B. Harrison St 1300 Pasay City ed.pasaycity@lra.gov.ph
Rdpasay003@gmail.com

Land Registration Authority
Respondent
East Avenue cor. NIA Road, Diliman, Quezon City

THE SENTINEL POST
July 28, August 4 and 11, 2026

DOST Launches Smart Mobile Kitchen to Strengthen
Camiguin's Disaster Response



Every disaster begins with saving lives. But once the immediate danger has passed and families are brought to safety, another urgent challenge follows, ensuring that evacuees have access to safe, nutritious, and freshly prepared meals.

For the Province of Camiguin, this challenge is all too familiar. As an island province shaped by the historic Mt. Hibok Hibok eruption and exposed to volcanic hazards, typhoons, heavy rains, landslides, and other natural disasters, emergency response often extends beyond rescue and relief. Damaged roads, disrupted electricity, limited cooking facilities, and rough sea conditions can make it difficult to prepare and distribute hot meals, particularly to geographically isolated communities and evacuation centers.

Recognizing these realities, the Department of Science and Technology (DOST), together with the Provincial Government of Camiguin, officially launched the Smart Mobile Kitchen, an innovation that strengthens local disaster preparedness by enabling responders to prepare and serve safe, nutritious, and freshly cooked meals wherever they are needed.

The launch formed part of the commemorative program honoring the historic Mt. Hibok Hibok eruption, highlighting how the lessons of the past continue to inspire science based solutions that protect lives and build more resilient communities.

The Smart Mobile Kitchen is a fully equipped mobile food preparation facility designed for rapid deployment during disasters, emergencies, and humanitarian operations. Built inside a specially configured vehicle, it can be mobilized to evacuation centers, temporary shelters, and remote communities where conventional kitchens may no longer be functional because of damaged infrastructure, flooding, or prolonged power interruptions.

Unlike conventional relief operations that primarily distribute canned goods and ready to eat food packs, the Smart Mobile Kitchen enables emergency responders to prepare hot, freshly cooked meals on site. This allows affected families to receive nutritious food that supports their health and well being during one of the most difficult periods of their lives.

Beyond addressing hunger, access to properly prepared meals plays a critical role in protecting public health during emergencies. Freshly cooked and nutritious food helps reduce the risk of foodborne illnesses, supports the nutritional needs of vulnerable groups, and provides comfort and dignity to families who have been displaced from their homes.

The innovation is especially important for children, older persons, pregnant and lactating women, persons with disabilities, and individuals with medical conditions who require balanced and safe meals while staying in evacuation centers.

For an island province like Camiguin, where transportation can be disrupted by severe weather and rough seas, having a mobile kitchen that can immediately operate within affected communities significantly enhances the capability of local responders to deliver timely and efficient food assistance without depending solely on food prepared elsewhere.

To ensure that the Smart Mobile Kitchen can be effectively utilized during emergencies, the DOST Food and Nutrition Research Institute (DOST FNRI) will provide specialized training for personnel from the Provincial Government of Camiguin and local responders. The training will cover food safety and sanitation, nutrition in emergency situations, menu planning for disaster affected populations, large scale meal preparation, proper handling and storage of food, and the efficient operation and management of the mobile kitchen during disaster response.

By combining appropriate technology with technical capacity building, DOST ensures that the Smart Mobile Kitchen is not only equipped with modern facilities but is also operated by trained personnel capable of delivering safe, nutritious, and quality meals even under the most challenging conditions.

As disasters become more frequent and increasingly complex because of climate related risks and other natural hazards, investments in innovations such as the Smart Mobile Kitchen become essential components of disaster risk reduction and management. They enable local governments to respond more effectively while ensuring that humanitarian assistance reaches affected families quickly and efficiently. **(DOST)**



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Email Address:
contact.makati@wiltlover.com

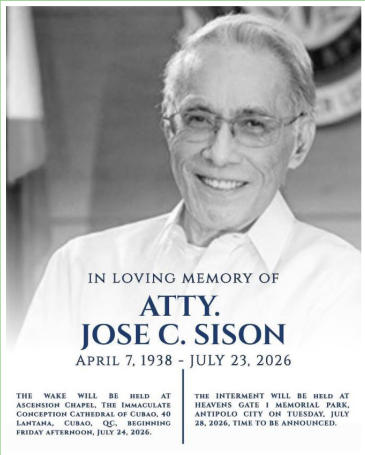
TSP SHOWBIZ ROUND-UP

KRIS AQUINO
PREPARING FOR A COMEBACK?



Images courtesy of Instagram: krisaquino, rbchanco

ATTY. JOSE SISON
HOST OF 'IPAGLABAN MO,' PASSED AWAY



Jopet Sison
2h · 🌐

This morning, July 23, 2026, our Papa Ping peacefully joined our Creator. We are comforted that he lived a full life as a lawyer, a husband to Josie, a father to his six children, and a grandfather to his sixteen grandchildren. Please keep him in your prayers and remember him with love and fond memories.

The Wake will be held at Ascension Chapel, The Immaculate Conception Cathedral of Cubao, 40 Lantana, Cubao, Quezon City, beginning Friday afternoon, July 24, 2026. The Interment will be at Heavens Gate 1 Memorial Park, Antipolo City on Tuesday, July 28, 2026, Time to be announced.

Images courtesy of Facebook: Jopet Sison

SARAH GERONIMO
SINGS DUET WITH HER DADDY DELFIN



78,334 likes
justsarahgph

This is a gift to myself, to everyone and my father. To celebrate him and our love for music.

Watch our live performance video on my YouTube Channel.

Image courtesy of Instagram: justsarahgph

Gclean
Cleaning Machine & Services
CLEANING SERVICES

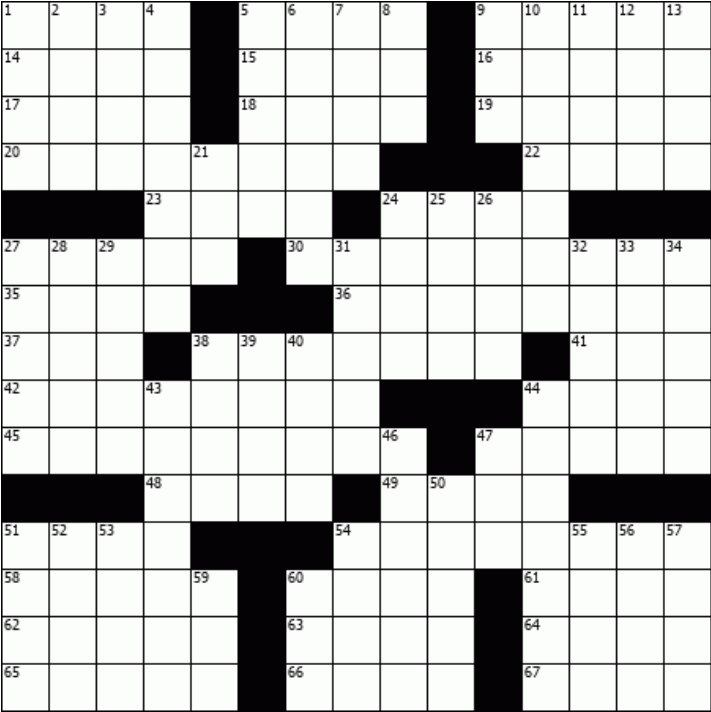
General Cleaning
Fumigation of whole area using non-toxic disinfectant.
Dry vaccuuming and Steam cleaning, sterilization of floors, walls, cabinet, screens, curtains & blinds. Damp dusting with disinfectant of all surface & fixture. Polishing and dinsinfecting of floors, air and sanitation to remove allergens.

Mattress, Upholstery & Car Deep Cleaning
Dry Vacuuming, Shampooing, Extraction and Steam Cleaning

FOR INQUIRIES, PLS. CALL/TEXT: **Venus Comes-09951660035**

CROSSWORD PUZZLE

- Across**
- 1. Atop
 - 5. Father
 - 9. Aromatic herb
 - 14. Contended
 - 15. Misfortunes
 - 16. Atmosphere layer
 - 17. Artist ____ Warhol
 - 18. Tavern drinks
 - 19. Moisten while cooking
 - 20. Reduced
 - 22. Appearance
 - 23. Walk heavily
 - 24. "A ____ of Two Cities"
 - 27. Curved letters
 - 30. Very skinny
 - 35. Painful
 - 36. Scratchy
 - 37. Paving material
 - 38. More thinly distributed
 - 41. Racket
 - 42. Bursting forth
 - 44. Actuality
 - 45. Felt sorry about
 - 47. Seasons
 - 48. Makes a choice
 - 49. Crowd's sound
 - 51. Englishman, informally
 - 54. Twice the radius
 - 58. Comforted
 - 60. Negatives
 - 61. Absent
 - 62. Tint
 - 63. Thorny bloom
 - 64. Ticked off
 - 65. Stakes
 - 66. ____ and crafts
 - 67. Recipe units (abbr.)



- Down**
- 1. Track shape
 - 2. Innings number
 - 3. Turner and Williams
 - 4. Epic voyage
 - 5. Baby grand, e.g.
 - 6. Assert
 - 7. Begged
 - 8. Mule's kin
 - 9. Comedian ____ Hope
 - 10. Flowering bushes
 - 11. Mediocre (hyph.)
 - 12. Interested by
 - 13. Onionlike veggie
 - 21. City railways
 - 24. Bar bills
 - 25. Farm unit
 - 26. Fibber
 - 27. Devourer
 - 28. Frighten
 - 29. Show indifference
 - 31. Bart Simpson's mom
 - 32. ____ wave
 - 33. Boot out
 - 34. Small depressions
 - 38. Ladder rung
 - 39. Actor Brad ____
 - 40. Picnic intruders
 - 43. Mentor's student
 - 44. China, Japan, etc. (2 wds.)
 - 46. Least rainy
 - 47. Yosemite
 - 50. Desert springs
 - 51. Greek letter
 - 52. Precipitation
 - 53. Fails to exist
 - 54. Revolving ____
 - 55. Deuces
 - 56. Wyatt ____
 - 57. Whiskies
 - 59. ____ Plaines, Illinois
 - 60. Gun lobby (abbr.)

LAST WEEK'S ANSWER:

B	E	T	S		S	A	L	A	D		S	L	A	T
E	D	E	N		A	B	A	T	E		H	E	R	E
T	I	N	A		M	E	M	O	S		O	V	E	N
A	T	T	I	C			A	P	P	A	R	E	N	T
		A	L	O	U	D			O	P	E	R	A	S
A	R	T		O	P	E	R	A	T	E				
N	E	I	L		O	R	A	L		D	R	A	M	A
D	I	V	E		N	A	I	L	S		O	D	E	S
S	N	E	E	R		I	S	E	E		D	A	N	A
				I	L	L	E	G	A	L		P	U	P
S	A	L	I	N	E			E	N	A	C	T		
E	L	O	N	G	A	T	E			P	L	A	T	O
N	A	S	A		N	A	V	A	L		A	B	E	D
O	M	E	N		E	X	I	L	E		S	L	E	D
R	O	S	E		R	I	L	E	D		P	E	N	S

SUDOKU

TODAY'S PUZZLE:

5	4			7	2			9
		6			8		4	5
9	1		4		6			
			6	1			9	
4	6	9		3		5	1	2
	5			4	9			
			5		3		2	1
8	3		7			9		
2			9	6			5	3

LAST WEEK'S ANSWER:

7	8	4	3	2	9	6	1	5
2	5	9	6	1	4	3	7	8
3	6	1	5	8	7	2	9	4
9	1	5	2	7	6	4	8	3
6	3	7	8	4	5	9	2	1
4	2	8	9	3	1	5	6	7
5	4	2	1	6	8	7	3	9
8	9	6	7	5	3	1	4	2
1	7	3	4	9	2	8	5	6



SWEEP. University of Santo Tomas wins the Shakey's Collegiate National Invitationals after beating College of Saint Benilde, 22-25, 25-8, 25-12, 25-22, at Playtime FilOil Centre in San Juan on Sunday (July 26, 2026). The Golden Tigresses won all their seven matches. (Contributed photo)

MANILA – University of Santo Tomas came from behind to take down College of Saint Benilde, 22-25, 25-8, 25-12, 25-22, and rule the 2026 Shakey's Collegiate National Invitationals at Playtime FilOil Centre in San Juan on Sunday.

The Golden Tigresses won all their seven matches.

Team captain Regina Jurado delivered 21 points on 18 attacks and two aces, while Most Valuable Player Angge Poyos chipped in 20 points on 16 attacks, two aces and two blocks as the Golden Tigresses snared their first title after a third-place finish in the inaugural edition three years ago.

Rookie Kim Rubin added 12 points and Blessing Unekwe had 10 points, including seven blocks.

"I told them to just forget about what happened in the first set. I know how they play. We know what they can do as long as they focus on our investment. We just adjusted the team a little bit so at least the system is adapting. This is a good start," UST coach Shaq Delos Santos said after the almost two-hour match.

"We're really happy because we know our preparation still has a long way to go. There's still a lot of work to be done. Winning the championship right away is a good sign. We'll use this as motivation to work even harder for

the UAAP (University Athletic Association of the Philippines)," he added.

UST also prevailed over CSB in the elimination round, 25-22, 25-15, 15-25, 25-12.

Camila Bartolome paced CSB with 16 points, followed by Mary Grace Borromeo with 12 points.

UST's high school team also ruled the Shakey's Girls Volleyball Invitational League Rising Stars Cup and Juniors National Invitationals.

Meanwhile, Letran College defeated Australian guest team Southern Storm Melbourne, 25-21, 18-25, 25-17, 25-23, to settle for the bronze medal.

Judiel Nitura scored 19 points, all on attacks, in leading the Lady Knights to their second straight third-place finish.

Reeza Abayon had 12 points on 11 attacks and an ace, Carly Nathalie Tizon added seven points and Hizki Flores made 11 excellent sets for the reigning National Collegiate Athletic Association champions.

Flores was named Best Setter while other individual winners were Enderun Colleges' Althea Botor (Best Outside Hitter), Ho Chi Minh City Volleyball Club's Le Thi Diem Phuong (Best Opposite), CSB's Fiona Inocentes (Best Middle Blocker) and Southern Storm's Milla Smith (Best Libero). (PNA)

Baseball standout Lazaro joins IMG Academy

MANILA – National junior standout Aiden Lazaro is embarking on a long-term elite baseball development pathway with the renowned IMG Academy.

The Grade 8 student at Ateneo de Manila University serves as captain of the team in Pony Division.

Together with his hands-on and devoted mom Shelly, Lazaro recently spent considerable time at IMG's 600-acre campus and sports facilities, where he undertook the first phase of his long-term holistic athletic development plans under former Major League and other professional league baseball coaches, players, and scouts.

The 13-year-old was also granted access to IMG's Performance & Sports Science Center which oversees his strength and conditioning, speed and agility, mobility, injury prevention, recovery, sports science, as well as nutrition and mental performance.

"I'm excited to immerse myself in a new training environment and learn from everyone at IMG Academy who helped develop some of the top athletes and professional players. I look forward to bringing home everything I gain from this so I could contribute more to my teams in the Philippines," Lazaro said in a news release Monday.

"I'm very thankful to IMG Academy for welcoming me into its baseball and holistic athletic training program and for working closely with my mom over the past few months to help create exciting opportunities for my future.

I'm humbled by this privilege and I'm ready to work hard to make the most of it," the gold medalist in primary baseball with the National Capital Region at the 2025 Palarong Pambansa added.

Lazaro is the first Filipino baseball talent to become part of the IMG Academy, marking a historic breakthrough not only in his own journey but also for Philippine baseball.

A member of the Ateneo de Manila baseball varsity since kindergarten at the age of five, Lazaro has served as team captain multiple times across different age divisions.

Last school year, he



earned a place on Ateneo's UAAP Juniors roster, becoming the only Grade 7 student and the youngest student ever to play in the UAAP.

As a member of the Philippine U12 National Team in 2024, Lazaro captured the coveted Most RBI (runs batted in) Award at the Asian Baseball Championship in Japan.

Based in Bradenton, Florida, IMG Academy is one of the world's leading sports training institutions, known for developing young athletes into elite competitors in their respective sports.

Major League Baseball (MLB) standouts James Wood and Chris Perez, this year's sixth overall pick Zion Rose, and tennis greats Serena and Venus Williams, Andre Agassi, and Maria Sharapova are among IMG's notable alumni.

Interestingly, IMG Academy's sister brand, IMG Tennis Management, represents Filipino tennis ace Alexandra Eala, a graduate of the Rafa Nadal Academy in Mallorca, Spain. (PNA)

POC PAVES THE WAY FOR RESOLUTION OF VOLLEYBALL LEADERSHIP CRISIS

MANILA – The Philippine Olympic Committee (POC) has taken the first step toward resolving the volleyball leadership crisis following the resignation of all Philippine National Volleyball Federation (PNVF) board members.

"That's the first step and they all agreed to resign," Philippine Olympic Committee (POC) President Abraham "Bambol" Tolentino said after the volleyball general assembly called by the POC Monday morning at the Solaire Theater Board Room in Parañaque City.

The POC is serving as "caretaker" of all national volleyball federation activities after the FIVB suspended the PNVF primarily on poor governance last May—this was preceded by a similar sanction by the Philippine Sports Commission and followed by the POC.

Also agreed upon was the creation of a new 13-member PNVF board that includes athlete representatives

(beach volleyball for women and volleyball for men), as well as the major collegiate leagues — UAAP and NCAA — to heed the federation's call to lend their athletes to the national teams.

The position of chairman was also removed, and the POC will have a seat in the board, and the secretary-general will be appointed by the president during the assembly attended by close to 40 former board members and stakeholders.

"This is to introduce inclusivity and, more importantly, that the stakeholders prioritize the call of the national team," added Tolentino, who presided over the assembly with POC Secretary-General Wharton Chan.

Tolentino added that all amendments on the PNVF constitution have been approved and that the POC will call for another assembly on August 10 to tackle the next steps toward fresh elections of the federation. (PNA)



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