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LIST OF PUV DRIVERS FOR CASH RELIEF AID TO COME FROM LTFRB

MANILA – The Land Transportation Franchising Regulatory Board (LTFRB) is responsible for the list of beneficiaries from the Transportation Network Vehicle Services (TNVS), delivery riders, motorcycle (MC) taxis and public utility jeepneys (PUJs) in Metro Manila who are set to receive the cash relief assistance (CRA), the Department of Social Welfare and Development (DSWD) said Monday.

“Nais po naming ipaalam sa publiko na ang listahan ng mga driver-beneficiaries ng CRA ay manggagaling lahat sa LTFRB. Sa hanay ng DSWD, patuloy kaming nakikipag-ugnayan sa kanila para ma-prepare namin ang payroll na gagamitin sa pamamahagi ng cash relief assistance sa mga drivers na patuloy na naapektuhan ng mataas na presyo ng langis sa mercado (We are advising the public that the list of driver-beneficiaries for the CRA will come from the LTFRB. On the part of the DSWD, we continue to coordinate with them so that we can prepare the payroll that will be used in the distribution of CRA to the drivers who continue to be affected by high oil prices),” DSWD spokesperson Assistant Secretary Irene Dumlao said in a statement.

The DSWD made the clarification amid the confusion among delivery riders’ group who mistakenly thought that the DSWD is the agency providing the list of driver-beneficiaries.

The CRA is provided by the DSWD under its Assistance to Individuals in Crisis Situations (AICS) program to help public utility vehicle (PUV) drivers cope with the price escalation of petroleum products and provide their families with basic needs.

The series of increases in the prices of gasoline and diesel has resulted in a substantial decrease in the income of all PUV drivers and has severely affected their families’ daily lives.

Dumlao advised drivers to check the list of beneficiaries uploaded on the LTFRB website at <http://lfrb.gov.ph/> to know if they are eligible for the assistance.



CASH RELIEF AID. Commuters board traditional jeepneys along Elliptical Road in Quezon City on March 18, 2026. The Department of Social Welfare and Development said Monday that the Land Transportation Franchising Regulatory Board is responsible for the list of beneficiaries from the public transport sector who are set to receive cash relief assistance. (PNA photo by Joan Bondoc)

Those included in the list may claim their cash aid at designated payout centers in the National Capital Region (NCR).

Drivers not included in the initial lists of beneficiaries, on the other hand, are advised to wait for further announcements from the LTFRB. They may also contact the regulatory board through the LTFRB hotline 1342.

The DSWD will commence the distribution of CRA worth PHP5,000 each to more than 27,000 registered TNVS drivers on March 24; followed by around 21,700 PUJ drivers on March 25; around 137,700 delivery riders on Thursday and Friday; and 27,600 motorcycle taxi drivers on Saturday.

During the first week of the CRA payout, more than 98,000 tricycle drivers in Metro Manila received cash assistance to help them sustain their daily needs despite the loss of income due to the increasing prices of fuel products brought about by the ongoing tension in the Middle East. (PNA)

PNP WARNS PUBLIC OF RISING ONLINE SCAM REPORTS AHEAD OF HOLY WEEK

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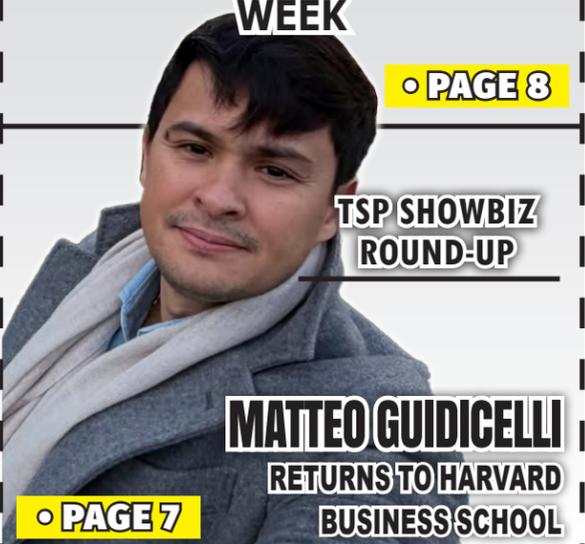
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TSP SHOWBIZ ROUND-UP

MATTEO GUIDICELLI RETURNS TO HARVARD BUSINESS SCHOOL

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~ SOUL FOOD ~

“¹⁴Now since the children have flesh and blood, He too shared in their humanity, so that by His death He might destroy him who holds the power of death, that is, the devil, ¹⁵and free those who all their lives were held in slavery by their fear of death.”

- Hebrews 2:14-15 -

DOLE RELAUNCHES FREE LEGAL ASSISTANCE ONLINE PORTAL FOR WORKERS, EMPLOYERS



NEWS RELEASE



The DOLE Legal Query Form is an online platform designed to assist the public with questions about labor related issues. This form allows you to conveniently submit your inquiries anytime, from anywhere. Your submission will be reviewed by our legal team, and a response will be provided based on the information you have provided.

(Ang DOLE Legal Query Form ay isang online na plataporma na layuning tulungan ang publiko sa kanilang mga katanungan ukol sa paggawa. Sa pamamagitan ng form na ito, maaari ninyong maiparating ang inyong mga tanong nang mabilis at madali, anumang oras at kahit saan. Ang inyong katanungan ay irepaso ng aming legal team, at kami ay magbibigay ng tugon batay sa impormasyong inyong isinumite.)

MANILA — The Department of Labor and Employment (DOLE) has relaunched its online legal inquiry portal at query.dole.gov.ph, giving Filipino workers, employers, and labor organizations swift access to free legal guidance on labor and employment concerns.

The portal, which can be accessed here: Legal Query Form, is managed by DOLE's Legal Service through its Public Assistance and Complaints Unit (PACU), part of the Marcos administration's push to deliver accessible, responsive, and efficient public service through digitalization.

The upgraded system features streamlined client management, structured documentation, and tracking of submitted concerns, enabling DOLE to provide policy guidance and technical assistance in line with existing labor laws, rules, and regulations.

DOLE clarified, however, that the portal does not replace formal complaint mechanisms, inspection procedures, or adjudicatory processes under the law.

It is intended to provide workers and employers with preliminary guidance and clarification before they pursue official legal procedures.

Face-to-face consultations through the PACU desk remain available for those who prefer in-person assistance.

The public may visit the PACU Office at the National Conciliation and Mediation Board – National Capital Region, DOLE Building, Intramuros, Manila, or call the DOLE Hotline at 1349 for labor and employment-related concerns. **(JCO/PIA-NCR)**

DMW: 317 FILIPINOS SAFELY ARRIVE FROM MIDDLE EAST VIA GOVERNMENT-CHARTERED FLIGHT

As part of the government's continuing efforts to assist Filipinos affected by tensions in the Middle East, the Department of Migrant Workers (DMW), together with the Overseas Workers Welfare Administration (OWWA), on Thursday welcomed 317 Filipinos who safely returned to the country aboard the third government-chartered flight.

The chartered plane landed at Villamor Air Base in Pasay City, carrying 153 overseas Filipino workers (OFWs) with their 114 dependents and 50 stranded Filipino passengers who opted to return home amid the ongoing tension.

In a post, the DMW said the repatriation is in line with President Ferdinand R. Marcos Jr.'s directive to ensure the safety and welfare of Filipinos in the Middle East.

As of March 5, the DMW reported that more than 1,700 OFWs and their dependents have already returned to the country under the whole-of-government repatriation effort. **(PND)**

PBBM reassures public of sufficient food supply, stable commodity prices

President Ferdinand R. Marcos Jr. on Friday assured the public of sufficient food supply and stable prices for basic necessities despite ongoing geopolitical developments, citing manufacturers' commitment to keep food product prices stable.

President Marcos made the assurance after an inspection at the Laguna distribution center of Century Pacific Food Inc., the largest canned food manufacturer in the country.

"Ang supply ay hindi kailangan na mag-ala-ala ang taong-bayan. Ang food supply natin ay sapat kahit na pangmatagalan," President Marcos said in a statement during the visit to the company's distribution center in the City of Calamba.

"At bukod pa roon ay sila naman ay pu-mapayag na to keep the prices na hindi tataas ang presyo hangga't kaya nila. Kaya siguro mga isang buwan, 'yung iba baka dalawang buwan hindi magagalaw 'yung presyo," the President added.

The visit, President Marcos said, is aimed at ensuring sufficient supply and keeping the prices of basic necessities and commodities stable through increased government coordination with partners and suppliers.

Aside from Century Pacific, the President said other processors and suppliers made an assurance of sufficient food stocks.



President Marcos added that the government will continue to monitor the food supply and prices to ensure food sufficiency and protect the public interest amid the current challenges.

Century Pacific, which manufactures canned tuna and sardines, corned beef, and processed milk products, said it has sufficient inventory and production capacity despite global disruptions arising from ongoing geopolitical tensions.

The company noted that while geopolitical developments can create volatility in oil, shipping, and commodity costs, it successfully navigated similar disruptions in the past through disciplined planning, diversified sourcing, and strong operational execution.

Century Pacific, which maintains seven state-of-the-art manufacturing hubs, has 26 warehouses nationwide, including a Laguna distribution center with a storage capacity of 1.1 million cases (36 million cans of food). **(PND)**

PNP warns public of rising online scam reports ahead of Holy Week

QUEZON CITY — A few days before the Holy Week break, the Philippine National Police (PNP) warns the public about the rise of online scams this "summer break."

PNP chief Police General Jose Melencio Nartatez Jr. advised travelers to always double-check the legitimacy of travel deals, avoid sending money to unverified sellers, and rely only on official websites.

"Habang maraming Pilipino ang nagbabalak ng summer trips, may mga online scammers na nagmamaniplula para linlangin ang mga biktima. Hinihikayat namin ang lahat na maging mapanuri at siguraduhing lehitimo ang inyong mga booking at transaksyon online," said Nartatez.

Ensure you use secure networks when making online transactions, and never click on suspicious links or respond to unusual messages requesting personal information.

Travelers are also advised to keep passwords strong and unique, and to enable multi-factor authentication whenever possible.

Nartatez emphasized that all police units are

intensifying cybersecurity monitoring and implementing strict protective measures, including network scans, access restrictions, regular backups, and personnel training on safe online practices in line with President Ferdinand R. Marcos Jr.'s directive to enhance police operations.

He also called on public cooperation and urged them to remain vigilant.

"Sa tulong ng inyong kooperasyon at pagiging maingat sa online world, mapapalakas natin ang seguridad at tiwala ng publiko." **(JEG/PIA-NCR)**

CYBERSECURITY TIPS

HIJACK SCAM

ito ay isang uri ng panlilinlang kung saan kinukuha o ninanakaw ng mga scammer ang kontrol sa iyong online accounts, tulad ng email o social media, at ginagamit ito para mag-send ng pekeng mensahe o humingi ng pera mula sa iyong mga kaibigan o pamilya.

PASSWORD, PROTEKTAHAN, INGATAN.

President Marcos weighs use of emergency powers to cut oil taxes - Palace



President Ferdinand R. Marcos Jr. is exercising caution before using the emergency powers granted by Congress to reduce excise taxes on oil, Malacañang said Monday.

During a press briefing at Villamor Air Force Base in Pasay City, Presidential Communications Office (PCO) Undersecretary and Palace Press Officer Claire Castro clarified that while the President is expected to sign the proposed measure once it reaches his desk, its actual implementation will depend on conditions set by law.

Castro explained that the President supports the measure and sees no reason to delay its signing.

"Bakit naman hindi po niya pipirmahan, eh siya po iyong nagnais nito," she said, referring to President Marcos' earlier certification of the bill as urgent.

However, she emphasized that signing the measure and enforcing it are two different matters.

The law provides that the suspension or reduction of excise taxes on petroleum products may be implemented only after global oil prices reach at least US\$80

per barrel for a continuous period of 30 days.

"At the time na binanggit niya iyan, wala pa po kasing 30 days, so mahihirapan po talaga siyang i-implement," Castro said, noting that the threshold had not yet been met when the President made earlier remarks about the policy.

She added that once the required conditions are met, the government can immediately issue the necessary orders to implement the tax adjustment.

Castro also pointed out that excise taxes are imposed "upon entry" of imported oil, meaning that the timing of implementation will also depend on actual oil importation.

"If ever wala tayong maaangkat na langis, so hindi ma-e-exercise iyong pag-reduce at pag-suspend ng excise," she explained.

The Palace official reiterated that the President's cautious stance reflects the complexity of balancing fiscal considerations with the need to cushion the impact of rising fuel prices on consumers. **(PND)**

On the Killing of Broadcaster Julito "Jaz" Diamante Calo

The Presidential Task Force on Media Security condemns the killing of broadcaster Julito "Jaz" Diamante Calo of La Castellana, Negros Occidental, on March 20. Such an attack on a journalist poses a significant threat to press freedom and the safety of journalists in our country.

We extend our heartfelt condolences to the family, friends, and colleagues of Mr. Calo. His death serves as a reminder of the dangers that media practitioners face in the line of duty. Mr. Calo was known for hosting the "Waswasanay sa Quinto Distrito" program on 88.3 DNN News FM in Himamaylan City and also served as a job order worker in the local government.

The Task Force is fully committed to ensuring that justice is served. We have already coordi-

nated with local law enforcement agencies to prioritize and expedite the investigation of this case.

Initial police investigations revealed that Mr. Calo was standing in front of his house near the road when a white SUV approached from the direction of La Carlota City. An assailant from the vehicle shot Mr. Calo before fleeing toward La Castellana town center.

Safeguarding press freedom is a collective responsibility. We call upon all stakeholders,

including media organizations and civil society, to unite in defending the fundamental rights of journalists and ensuring their safety.

We urge the public and the media community to remain vigilant and provide any information that may aid in resolving this case.

DOST Ilocos Region Strengthens Strategic Direction for 2026 Through Special ManCom Meeting

The Department of Science and Technology Ilocos Region (DOST Ilocos Region) convened a Special Management Committee (Man-Com) Meeting on February 27, 2026 at the DOST Ilocos

Region Multipurpose Hall in the City of San Fernando, La Union, bringing together the agency's leadership to align key programs, upcoming initiatives, and organizational priorities that will advance science, technology, and innovation (STI) in the region.

The meeting was presided over by Regional Director Teresita A. Tabaog, with the participation of Assistant Regional Directors, Provincial Directors, and Unit Heads, reinforcing a unified leadership approach in steering the agency's strategic programs and ensuring the effective delivery of STI interventions that benefit communities and industries across the Ilocos Region.

A major highlight of the meeting was the presentation of preparations for the Innovation Summit for North Luzon Cluster, led by ARD Decth-1180 P. Libunao and the DOST Pangasinan team. As presented by Ms. Jennifer C. Fernandez, Senior Science Research Specialist of DOST Pangasinan, the summit is envisioned as a major platform for advancing innovation collaboration across Northern Luzon. Among the key activities to be featured are the Ceremonial Technology Licensing Agreement (TLA) signing involving Regions I, II, and the Cordillera Administrative Region (CAR), technology adopter success stories, and forums promoting innovation and technology transfer. These initiatives aim to accelerate the commercialization and adoption of locally developed technologies, strengthening regional competitiveness and innovation ecosystems.

During the meeting, Director Tabaog also emphasized the significance of the Secretary's 3 Horizon Strategy, underscoring its role in guiding the Department's long-term vision for science, technology, and innovation. She highlighted the need for regional programs to align with this strategic framework to ensure that initiatives translate into tangible benefits for communities and industries. Key programs supporting this direction include the Small Enterprise Technology Upgrading Program (SETUP), On-



eLab, the Solido DRRM Knowledge Hub, Project SARAI, and the region's Innovation Hubs (iHubs) - all of which contribute to expanding technology access, strengthening disaster resilience, and enhancing innovation-driven development.

Updates on the agency's 2nd Surveillance Audit and preparations for the Philippine Quality Award (PQA) were presented by Assistant Regional Director for Technical Operations Services Racquel M. Espiritu, who also serves as the PQA Manager, along with Engr. Brian U. Rasco, Provincial Director of Ilocos Norte. The discussion reinforced the importance of maintaining high standards of organizational excellence and clarified the roles and responsibilities of staff to ensure readiness and compliance with quality management systems.

Moreover, Human Resource staff Beverly B. Cardinez also presented updates on the agency's roadmap toward PRIME-HRM (Program to Institutionalize Meritocracy and Excellence in Human Resource Management) Level III accreditation, outlining the key phases and milestones necessary to strengthen the agency's human resource management systems and institutionalize a culture of meritocracy and performance excellence.

The meeting concluded with presentations from the Committee Heads of the 2026 Regional Science, Technology, and Innovation Week (RSTW), who shared their post-event evaluation highlighting accomplishments, challenges encountered, and strategic recommendations to further enhance the planning and impact of future regional STI celebrations.

Through collaborative planning and strategic leadership, the Special ManCom Meeting reaffirmed DOST Ilocos Region's commitment to strengthening innovation ecosystems, improving organizational excellence, and advancing "Agham na Ramdam" - science and technology that deliver meaningful solutions, expand opportunities, and improve the lives of communities across the Ilocos Region. **(Hannah Dorothy Morales)**

NOTICE OF DONATION OF REAL PROPERTY

NOTICE is hereby given that in a document entitled “**Deed of Donation**,” executed by and between **JOY LEGASPI**, formerly Joy Legaspi Spanhoff, a Filipino citizen, of legal age, single, and a resident of Unit 914 A District II, Serendra Condominium, Fort Bonifacio, Taguig City, as **Donor**, and **JORIS GEORGE JACOBUS JOHANNES SPANHOFF**, a Dutch national, of legal age, single, and a resident of Unit 47B West Tower One Serendra, Fort Bonifacio, Taguig City, as **Donee**, the parties declared and made known the following:

1. The Donor is the co-owner of one (1) condominium unit located at **One Serendra, Fort Bonifacio, Taguig City**, covered by **Condominium Certificate of Title No. 164-2017016829**, particularly identified as **Unit 47B, West Tower, One Serendra**, with a total floor area of **Three Hundred Fourteen (314) square meters**, together with **three (3) parking slots**, namely Parking Slots **No. 3488, 3489, and 3490**, each with a floor area of **Twelve and Five-Tenths (12.5) square meters**, or a total parking area of **Thirty-Seven and Five-Tenths (37.5) square meters**;
2. The Donor has the full legal right, capacity, and authority to **absolutely and irrevocably transfer by way of donation her one-half (1/2) share** in the above-described property;
3. The Donee has the full capacity and authority to **accept the donation of the Donor’s one-half (1/2) share**, which together with his existing one-half (1/2) share shall complete the Donee’s **full ownership of the property**;
4. The Donor further confirmed that the property is conveyed **free from all liens and encumbrances**, and that she has no creditors who will be prejudiced by the donation.

The **Deed of Donation** was executed and acknowledged in **Makati City, Philippines**, on **February 2, 2026**, before **Atty. Rosabel Castillo Cui**, Notary Public for Makati City, and entered in the notarial register as **Doc. No. 17; Page No. 5; Book No. V; Series of 2026**.

THE SENTINEL POST
March 10, 17 and 24, 2026

NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH DEED OF ABSOLUTE SALE

NOTICE is hereby given that in a document entitled “**Extrajudicial Settlement of Estate with Deed of Absolute Sale**,”executed by **Edgardo Paras Yumul**, and **Marilou Pingol Yumul, Patrick Pingol Yumul, and Laurice Anne Pingol Yumul**, heirs and representatives of the late **Fernando Paras Yumul**, the parties declared and made known the following:

1. **Ricardo S. Yumul** and his spouse **Felina Paras** died intestate on April 7, 1989 and September 18, 2010, respectively, leaving as heirs **Edgardo Paras Yumul** and **Fernando Paras Yumul**, the latter now represented by his heirs above named;
2. The decedents left parcels of land located in **Telabanca, Concepcion, Tarlac**, covered by **Transfer Certificate of Title Nos. 07406, 07399, 10802, and 07402** issued by the Registry of Deeds for Tarlac;
3. Pursuant to **Rule 74, Section 1 of the Rules of Court**, the heirs extrajudicially settled the estate and **sold the properties by way of Absolute Sale** in favor of **JMR Trade & Transport Services Corporation**, represented by its Chief Executive Officer, **Maricel Zamora**;
4. The settlement and sale are subject to the rights of other heirs, creditors, and interested parties under **Rule 74, Section 4 of the Rules of Court**.

The instrument was **executed and notarized before Atty. Adonai Jan R. Aslarona, Notary Public for Makati City**, and entered in his notarial register as **Doc. No. 311; Page No. 64; Book No. 9; Series of 2026**.

THE SENTINEL POST
March 10, 17 and 24, 2026

PBBM ASSURES CAMSUR FARMERS OF CONTINUED GOV’T SUPPORT

Under the shade of a modest nipa hut, farmers in Camarines Sur found themselves in a rare face-to-face conversation with President Ferdinand R. Marcos Jr. on Monday.

Following an inspection of key agricultural projects in the province, the Chief Executive assured the farmers of continued government support as he inspected the two Solar-Powered Irrigation Projects (SPIPs) worth P332 million spearheaded by the National Irrigation Administration (NIA).

During an interaction with the farmers in Bula, Camarines Sur, the farmers raised with the President the challenges they are facing. In response, the President mentioned government initiatives intended for local farmers.

NIA Administrator Eduardo G. Guillen, who accompanied the President during the inspection, said the opening of the solar-powered irrigation systems demonstrates the government’s commitment to helping farmers in-

crease their income and improve their living conditions. Putting up innovative systems remain NIA’s key strategy in lowering production costs and enhancing agricultural productivity in the country.

With the introduction of solar-powered irrigation systems in Camarines Sur, the government could strengthen food security and modernize the country’s agricultural sector through innovative, climate-resilient technologies.

The projects include the P126.7-million Solar Pump Irrigation Project of the San Agustin-San Ramon Agrarian Reform Farmers’ Cooperative (SARF) in Bula, and the P205.46-million New MASSBA Solar Pump Irrigation Project (Phase I) in Minalabac.

With the adoption of solar energy, farmer cooperatives in the province drastically cut their power consumption, allowing them to save money and increase their income. **(PND)**

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
 NATIONAL CAPITAL JUDICIAL REGION
 OFFICE OF THE CLERK OF COURT & EX-OFFICIO SHERIFF
 QUEZON CITY

Email Address : rtc1qznocc@judiciary.gov.ph
Mobile No./Landline No. : 09155083986 / 89243843

BDO UNIBANK, INC.,
 Mortgagee, FRE NO. 16227

SPS. EREINA ROSE MANEJO MCALLISTER
 AND SCOTT ALEXANDER MCALLISTER
 Represented by their Attorney-In-Fact,
 ERNANI ELONA MANEJO,
 Mortgagor/Debtor.

X -----X

NOTICE OF EXTRA JUDICIAL SALE OF REAL PROPERTY UNDER ACT 3135 (AS AMENDED)

UPON extra-judicial petition under ACT 3135, as amended by ACT 4118 and pursuant to the terms and conditions of the Uniform Loan and Mortgage Agreement (Real Estate) dated July 18, 2019 and the Supplemental Terms and Conditions executed on June 25, 2021 by ERNANI ELONA MANEJO as Attorney-In-Fact of SPOUSES EREINA ROSE MANEJO MCALLISTER AND SCOTT ALEXANDER MCALLISTER, , - Mortgagor/s / Debtor/s – No. 9, Dau St., Pangarap Village, Caloocan City 1400 / Unit 0610, 6th Flr., Tower 1, Trees Residences, Quirino Highway, Brgy. Pasong Putik, Novaliches, Quezon City in favor of BDO UNIBANK, INC., Mortgagee, to satisfy the mortgage debt in the amount of Php 1,518,101.20 as of November 26, 2025 including interest, penalties and expenses incidental, together with all the lawful fees and expenses of foreclosure sale, the Ex-Officio Sheriff of the Regional Trial Court of Quezon City and/or his duly authorized Deputy Sheriff, hereby announces that on APRIL 30, 2026 between the hours of 9:00 A.M. to 4:00 P.M. at the Office of the Clerk of Court & Ex-Officio Sheriff, Regional Trial Court, Hall of Justice Bldg., Elliptical Road, Diliman, Quezon City, will sell thru public auction to the highest bidder for cash, Philippine Currency, the following described real property/ies with all the improvements existing thereon, to wit:

CONDOMINIUM CERTIFICATE OF TITLE NO. 004-2021000023
 Registry of Deeds – Quezon City

TREES RESIDENCES

TOWER : 1

FLOOR LEVEL : SIXTH FLOOR
 UNIT NO : 610
 UNIT DESCRIPTION : 1 BEDROOM
 UNIT AREA : 23.94 SQ. M.

in the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on TRANSFER CERTIFICATE OF TITLE 2015000341 which embraces and describes the land located at QUIRINO HIGHWAY, BRGY PASONG PUTIK, NOVALICHES QUEZON CITY, with an area of TWENTY THREE THOUSAND THREE HUNDRED THIRTY-TWO (23,332) Square Meter.

All seal bids must be submitted to the undersigned at the aforesaid office on the above stated date and time.

Interested parties are hereby enjoined to investigate for themselves the title to the said property/ies and the encumbrances thereon, if any there be.

In the event that public auction should not take place on said date due to fortuitous event or if the same be declared a non-working holiday, it shall be held on MAY 7, 2026 at the same time and place without further notice.

Quezon City, Metro Manila, March 17, 2026.

(Sgd.)
 GREGORIO C. TALLUD
 Clerk of Court VII and
 Ex-Officio Sheriff

(Sgd.)
 ANGELITO A. ACOSTA
 Sheriff IV

Publication: THE SENTINEL POST
 Dates Mar 24 & 31, 2026; Apr. 7, 2026

Copy Furnished:

BDO UNIBANK, INC.
 33/F BDO Corporate Center Ortigas
 #12 ADB Avenue, Mandaluyong City

SPS. EREINA ROSE MANEJO MCALLISTER/SCOTT ALEXANDER MCALLISTER
 ERNANI ELONA MANEJO
 No. 9 Dau St., Pangarap Village, Caloocan City 1400

Unit No. 0610, 6th Flr. Tower 1, Trees Residences, Quirino Highway
 Brgy. Pasong Putik, Novaliches, QC

THE SENTINEL POST
March 24, 31 and April 7, 2026

DOST, Intramuros launch PH-made electric 'e-tranvia' for heritage tourism

MANILA, Philippines — In a move toward sustainable transport and heritage tourism, the Department of Science and Technology (DOST), in partnership with the Intramuros Administration (IA), officially unveiled the country's first Filipino-engineered all-electric tourist transport vehicle, or "e-tranvia," on March 19 in Intramuros, Manila.

The 18-seater, low-speed, battery-electric vehicle is designed to navigate the historic streets of the Walled City, blending modern innovation with cultural preservation.

Developed through a collaboration among DOST-National Capital Region (NCR), the DOST-Industrial Technology Development Institute (ITDI), the University of the Philippines Diliman (UPD), and Cagayan State University (CSU), the e-tranvia highlights Filipino ingenuity in sustainable mobility solutions.

Intramuros Administrator Atty. Joan M. Padilla emphasized the importance of partnerships between government and academe in delivering people-centered innovations.

"This collaboration reflects the strength of partnerships between the government and the academe in delivering practical and people-centered solutions," Padilla said, expressing hope that the project would inspire further efforts toward greener mobility and smarter tourism systems.

Designed to echo the tranvias that once operated in Intramuros in the late 19th century, the vehicle complements the historic atmosphere of the area while offering an environmentally friendly alternative to traditional diesel-powered transport.

CSU led the conceptualization and structural development of the e-tranvia, including the vehicle frame, suspension system, and body paneling. The body and roofing panels utilize abaca fiber composite material, an innovation developed by DOST-ITDI.

Meanwhile, UPD handled the electrical and electronic systems, equipping the vehicle with a lithium-ion battery, electric motor, controller, and charging infrastructure—effectively eliminating reliance on fossil fuels.



Science and Technology Secretary Renato U. Solidum Jr. underscored the role of such innovations in addressing rising fuel costs and supply concerns, while promoting accessible electric mobility across the country.

He also highlighted the importance of strengthening research and development in e-mobility, expanding charging infrastructure, and sustaining partnerships with higher education institutions.

At present, Intramuros has deployed one e-tranvia unit, with three additional units expected to arrive soon. Additional units are also planned for deployment in South Cotabato, Cagayan province, and Malacañang Palace, according to CSU President Dr. Arthur G. Ibañez.

The initial material cost of each unit is estimated at PHP2.5 million. DOST-NCR Regional Director Engr. Romelen T. Tresvalles said efforts are underway to secure private sector partnerships to support large-scale production.

"By reimagining a symbol of our history through Philippine engineering and sustainable technology, we are breathing new life into the walled city," Tresvalles said.

The e-tranvia is currently available to the public free of charge through a rolling tour within Intramuros. The route includes key heritage sites such as Fort Santiago, Museo de Intramuros, Baluarte de San Diego, Foro de Intramuros, Centro de Turismo, nearby schools, and the Pasig Esplanade. **(Nelson Santos)**

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
NATIONAL CAPITAL JUDICIAL REGION
OFFICE OF THE CLERK OF COURT AND EX-OFFICIO SHERIFF
PASAY CITY

BDO UNIBANK, INC.,

Mortgagee,

-versus-

FILE NO. REM 26-028

FOR: EXTRA-JUDICIAL FORECLOSURE OF REAL ESTATE MORTGAGE UNDER ACT NO. 3135 AS AMENDED BY ACT NO. 4118

ROMEO OLANDRIA ANGELES, JR., AS REPRESENTED BY HIS ATTORNEY-IN-FACT, JEANETTE POSADAS ANGELES,

Debtor/Mortgagor.

X-----X

NOTICE OF EXTRA JUDICIAL SALE

Upon verified petition for sale under Act 3135, as amended by Act 4118, filed by the Mortgagee, **BDO UNIBANK, INC.** c/o CONSUMER REMEDIAL MANAGEMENT UNIT with office/business address at 33rd Floor, BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City, against the Debtor/Mortgagor **ROMEO OLANDRIA ANGELES, JR.**, as represented by his **Attorney-In-Fact, JEANETTE POSADAS ANGELES**, with residence/postal/office address at **(1)** No. 1988-D, Obisis Street, Pandacan, Manila 1011; and **(2)** Unit 1647, Tower C, Shell Residences, Lot 3-A, EDSA corner Sunrise Drive, CBP Island-A, Pasay City, to satisfy the mortgage indebtedness which as of January 16, 2026 amounts to **Php2,834,696.33**, including/excluding interest, penalties, charges, attorney's fees and expenses incidental to this foreclosure and sale, the undersigned Deputy Sheriff will sell at public auction on **MAY 7, 2026** between **9:00 a.m.** and **4:00 p.m.** at the ground floor (main entrance) of the Hall of Justice, Pasay City to the highest bidder, for CASH and in Philippine Currency, the following described real property/ies, together with all the improvements existing thereon to wit:

Condominium Certificate of Title

No. **003-2016004311**

(Republic Act No. 4726)

IT IS HEREBY CERTIFIED that the unit identified and described as:

"SHELL RESIDENCES"
TOWER C
FLOOR LEVEL - SIXTEENTH FLOOR
UNIT - 1647
UNIT TYPE - 1 BEDROOM WITH BALCONY
UNIT AREA - 31.90 SQ.M. MORE OR LESS

in the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on TRANSFER CERTIFICATE OF TITLE 2011000405 which embraces and describes the land located at EDSA EXTENSION COR. SUNRISE DRIVE, PASAY CITY with an area of TWENTY-TWO THOUSAND (22,000) Square Meter, is registered in the name of:

All sealed bids must be submitted to the undersigned on the above-stated time and date. In the event the public auction should not take place on the said date, it shall be held on **MAY 21, 2026** without further notice.

Pasay City, this 5th day of March 2026.

For the Acting Clerk of Court & Ex-Officio Sheriff

(Sgd.)

ESTELITA E. IGDON

Deputy Sheriff, RTC Br. 117, Pasay City

Publication: **SENTINEL POST**
Dates: **MARCH 10, 17 & 24, 2026**

It is absolutely prohibited to remove, deface or destroy this Notice of Sale on or before the date of sale under penalty of law.

THE SENTINEL POST
March 10, 17 and 24, 2026

INFO SERBILIS!

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BABALA NG DSWD SA MGA MIYEMBRO NG 4PS:

HUWAG MAG-ONLINE GAMBLING

Ang mga benepisyaryong mapapatunayang sangkot sa online gambling ay bibigyan ng kaukulang parusa alinsunod sa 4Ps Act:

- **UNANG PAGLABAG** – Counseling mula sa City/Municipal Link at written warning mula sa Provincial Operations Office
- **IKALAWANG PAGLABAG** – Karagdagan ng counseling mula sa Social Welfare Officer, ikalawang written reminder, at suspensyon ng ayuda sa loob ng isang payout period (dalawang buwan)
- **IKATLONG PAGLABAG** – Pag-alis sa programang 4Ps.

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LAW A WEEK

BY: ATTY. SARAH JEANE CARDONA ANTOLIN

Bullying in the Philippines: What the Law Says, the Role of Parents, and a Christian Perspective

Bullying is not just “kids being kids”—under Philippine law, it is a serious matter that can have legal consequences for both the bully and the institutions that fail to prevent it. The primary law addressing this is Republic Act No. 10627, also known as the Anti-Bullying Act of 2013. This law requires all elementary and secondary schools to adopt clear policies to prevent and address bullying, whether it happens inside the classroom, within school premises, or even online (cyberbullying) when it affects students’ safety and learning environment. Bullying includes physical harm, verbal abuse, social exclusion, spreading rumors, and posting hurtful content online. Schools are legally required to act promptly, investigate complaints, protect victims, and impose appropriate disciplinary measures. If they fail to do so, they may face administrative sanctions.

In simple terms, if a child is repeatedly teased, threatened, humiliated, or harmed by another student, that is already considered bullying under the law. The law also recognizes cyberbullying, which includes sending hurtful messages, posting embarrassing content, or using fake accounts to attack someone. Schools must not ignore complaints—they are required to create a safe environment and respond quickly. Parents also have the right to be informed and involved when incidents occur.

Aside from the Anti-Bullying Act, other laws may apply depending on the situation. If bullying involves threats or physical harm, the Revised Penal Code may apply, covering offenses like unjust vexation, slight physical injuries, or grave threats. If the act is done online, it may fall under Republic Act No. 10175, especially in cases of online libel or harassment. In more serious situations involving minors, repeated or severe bullying may be considered a form of abuse under Republic Act No. 7610.

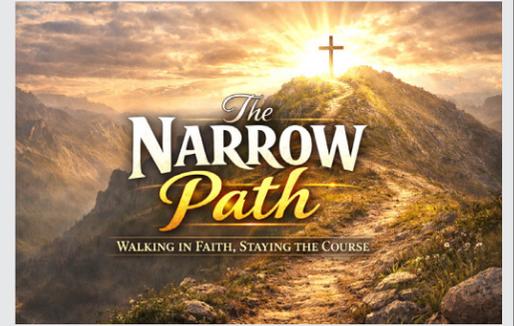
Parents also play a crucial role in preventing and addressing bullying. Under Philippine law and general parental authority principles, parents are responsible for guiding and disciplining their children. This means teaching them respect, empathy, and proper behavior toward others. If a child is the one being bullied, parents should listen, document incidents, and promptly report the matter to school authorities. They should also coordinate with teachers and guidance counselors to ensure their child’s safety. On the other hand, if their child is the one committing bullying, parents have the duty to correct such behavior, cooperate with the school’s disciplinary process, and ensure it does not happen again. In some cases, parents may even face civil liability for damages caused by their minor child’s wrongful acts.

From a Christian perspective, bullying goes against the core teachings of love, kindness, and respect for others. The Bible teaches in Ephesians 4:32, “Be kind and compassionate to one another,” and in Matthew 7:12, often called the Golden Rule, “Do unto others as you would have them do unto you.” Bullying, whether through words or actions, harms others and reflects a lack of love for one’s neighbor. Christian teaching reminds both children and adults that every person is created in God’s image and deserves dignity and respect. For victims, faith offers comfort and assurance that God sees their suffering and values them. For those who bully, it is a call to repentance, humility, and change. Parents, in turn, are encouraged to raise their children in a way that reflects these values—teaching not only obedience to the law but also a heart of compassion and accountability.

Ultimately, the law and Christian values align in sending a clear message: bullying is not acceptable. It must be addressed with seriousness, corrected with guidance, and prevented through a culture of respect, responsibility, and love.

Walking the Narrow Path: A Christian Reflection on Choosing What Is Right

In a world that often celebrates convenience, popularity, and personal gain, the Christian life calls for something very different—a walk along the “narrow path.” Jesus teaches in Matthew 7:13–14 that the road to life is narrow and difficult, while the road to destruction is wide and easy. In simple terms, doing what is right is not always the easiest or most popular choice, but it is the path that leads to a meaningful and God-centered life.



The narrow path represents a life of obedience to God, even when it is uncomfortable. It means choosing what is right over what is easy, even when no one is watching. For example, a student who refuses to cheat during an exam—even when everyone else is doing it—is choosing the narrow path. An employee who remains honest and refuses to engage in corruption or shortcuts, even if it means losing an opportunity, is walking this path. A person who chooses to forgive someone who deeply hurt them, instead of seeking revenge, is also living out this teaching. These decisions may not always bring immediate rewards, but they reflect a heart aligned with God’s will.

Walking the narrow path often means going against the crowd. In many situations, people may pressure you to compromise your values—whether it’s joining in gossip, tolerating injustice, or staying silent when something wrong is happening. The wide path is attractive because it is easy and widely accepted. For instance, joining in online bullying or sharing harmful content may feel normal in today’s digital culture, but choosing to stop, speak kindly, or defend others is the narrow path. It takes courage to stand firm when others choose otherwise.

At the same time, walking the narrow path is not about being perfect—it is about being intentional and faithful. Christians will still make mistakes, but what matters is the willingness to turn back to God, ask for forgiveness, and keep moving forward. This path requires humility. For example, admitting you were wrong, apologizing sincerely, and making things right can be difficult, but it is part of living a Christ-centered life.

The narrow path also involves discipline in everyday life. It means setting boundaries—such as choosing what to watch, say, or do. It may mean waking up earlier to pray, reading the Bible instead of endlessly scrolling through social media, or prioritizing family and service over selfish desires. These small, daily choices shape a person’s character over time. A parent who patiently teaches their child kindness and respect, even when tired, is also walking this path.

Importantly, this journey is not meant to be walked alone. God provides strength, guidance, and grace through prayer, Scripture, and fellowship with other believers. When the path feels heavy or lonely, Christians are reminded of Proverbs 3:5–6: “Trust in the Lord with all your heart... and He will make your paths straight.” God does not promise that the path will be easy, but He promises to be present every step of the way.

Ultimately, the narrow path leads to true life—not just in the future, but even now. It brings inner peace, a clear conscience, and a deeper relationship with God. While the wide path may offer temporary pleasure or acceptance, it often leads to emptiness. The narrow path, though challenging, leads to lasting joy and purpose. It is a daily choice—a quiet, steady decision to follow God, trust Him, and live a life that reflects His love.



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TSP SHOWBIZ ROUND-UP

KOREAN DIRECTOR NAM KI HOON, PRODUCER ILHO LEE, AND TRISTAN CHENG LOOKING FOR FILIPINA LEAD TO PARTNER WITH KOREAN ACTOR FOR FILM



Image and Video courtesy of X: ABSCBNNews

MATTEO GUIDICELLI RETURNS TO HARVARD BUSINESS SCHOOL



Images courtesy of Instagram: Matteo Guidicelli/IG/ ABS-CBN

SB19 COLLABS WITH C-POP ARTIST JOLIN AND JAPANESE BOY BAND BE:FIRST



Image and Video courtesy of Facebook: ABS-CBN News

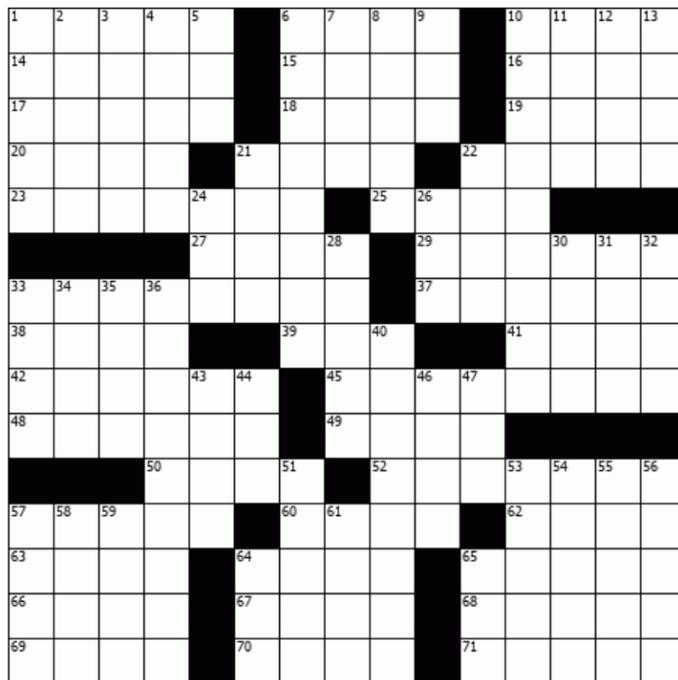
CHIMMY PHILIPPINES

As a brand that delivers #OriginalFilipinoBlendYogurt goodness, Chimmy lets everyone enjoy the health benefits of yogurt without it being too sour and just the right amount of sweetness perfect for the Filipino palate. Chimmy offers the best of both worlds as it satisfies your cravings to indulge and at the same time provide you with a healthy body.

CROSSWORD PUZZLE

Across

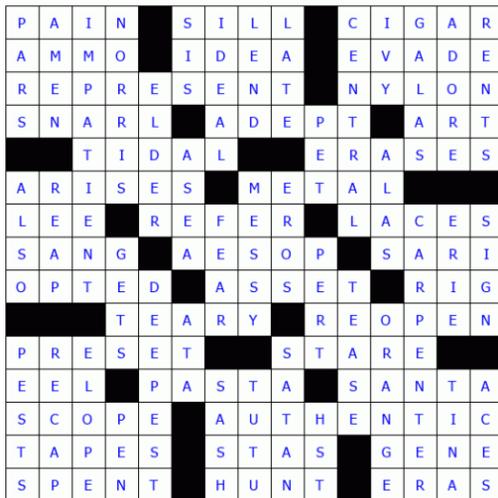
- 1. Living quarters
- 6. Urgent abbr.
- 10. Skirt length
- 14. Make merry
- 15. Warsaw native
- 16. Spring bloom
- 17. Counts calories
- 18. Poker holding
- 19. Naught
- 20. Mythical giant
- 21. Microbe
- 22. Forward thrust
- 23. Hideaway
- 25. Englishman, for short
- 27. Talkative
- 29. Become visible
- 33. Representative
- 37. Actress ____ Anderson
- 38. Preceding nights
- 39. Conger
- 41. Lincoln and Vigoda
- 42. Of the mind
- 45. Resounding
- 48. Deep blue
- 49. Submerged
- 50. Cats' sounds
- 52. Actor ____ Crowe
- 57. In front
- 60. ____ Kong
- 62. Lotion ingredient
- 63. Well-groomed
- 64. Unchanged
- 65. Mistreat
- 66. Writer ____ Barry
- 67. Copycat
- 68. Hebrew feast
- 69. Winter coaster
- 70. Coops
- 71. Push down



Down

- 1. Passion
- 2. Light tan
- 3. Public
- 4. Hinder
- 5. Raised railways
- 6. Desire for food
- 7. Skyrocket
- 8. Out on ____ (2 wds.)
- 9. Part of mph
- 10. Revolutionary War militiaman
- 11. Laundry appliance
- 12. Bell sound
- 13. Psychic's phrase (2 wds.)
- 21. Party
- 22. Peru's capital
- 24. Hen product
- 26. D.C. VIP
- 28. Bar drinks
- 30. Musician ____ McEntire
- 31. Singer ____ Campbell
- 32. Bridge position
- 33. ____ Moore of "G.I. Jane"
- 34. Tied
- 35. Give temporarily
- 36. Guessed roughly
- 40. Students
- 43. Matured
- 44. High's opposite
- 46. Cozy
- 47. Authorizes
- 51. Figure
- 53. Cavalry sword
- 54. Escape
- 55. Misplaces
- 56. Ogles
- 57. Ampersands
- 58. Recuperate
- 59. Icicle's spot
- 61. Sign
- 64. Plant juice
- 65. Nile viper

LAST WEEK'S ANSWER:



SUDOKU

TODAY'S PUZZLE:

	5					3		8
		1	3	4	8			6
	8		5	9		7		
	6		9	1	2			3
	1	2		3		5	7	
3			8	5	7			6
		8		7	9		2	
9			1	6	3	4		
4		6						3

LAST WEEK'S ANSWER:

9	3	5	8	7	4	1	6	2
8	1	2	3	5	6	4	9	7
6	4	7	2	9	1	5	8	3
5	6	1	9	4	3	2	7	8
3	7	4	6	8	2	9	1	5
2	9	8	5	1	7	6	3	4
1	5	3	4	6	8	7	2	9
7	2	9	1	3	5	8	4	6
4	8	6	7	2	9	3	5	1

Valdez voted PVL Press Corps Player of the Week

ROLE MODEL. Team captain Alyssa Valdez leads Creamline to a 25-19, 25-20, 15-25, 26-28, 16-14 victory over Cignal in the Premier Volleyball League All-Filipino Conference preliminaries at Playtime Filoil Centre in San Juan City on Saturday (March 21, 2026). She delivered 22 points, 13 digs, and 13 receptions. (PVL photo)

MANILA – Alyssa Valdez was voted Press Corps Player of the Week for leading Creamline to a 25-19, 25-20, 15-25, 26-28, 16-14 victory over Cignal in the Premier Volleyball League (PVL) All-Filipino Conference preliminaries at Playtime Filoil Centre in San Juan City on Saturday.

The Cool Smashers skipper delivered 22 points, 13 digs, and 13 receptions to earn the citation given by print and online reporters covering the pioneering professional volleyball league organized by Sports Vision.

She beat Farm Fresh's Royse Tubino and Trisha Tubu, Akari's Eli Soyud, Nxled's Brooke Van Sickle, and Choco Mucho's Sisi Rondina.

Tied at 6-3, Creamline and Cignal meet again on March 26 at Smart Araneta Coliseum in Quezon City to dispute a semifinal berth.

In its 16-25, 22-25, 25-18, 23-25 loss to Farm Fresh in Santa Rosa Rosa, Laguna on March 17, Creamline played without indisposed coach

Sherwin Meneses and fellow stars Jema Galanza and Bernadeth Pons, but Valdez still produced 14 points and 11 digs in just her second start of the conference.

"I think every game, it's more of a reminder for myself and for the team that we're still here. If there's something to motivate myself, it's also hard to actually just think of other people. So now, like me, I really think it's a reminder that I can do it and I'll just do my part in practice and when necessary, I'll help," the 32-year-old said in a news release Sunday.

With an outright semifinals berth on the line, Valdez said it is crucial that the Cool Smashers "stick together ... go to this battle together."

"It's not more on trying to prove anything but maybe more on trying to stick together and making sure to myself and the team that we will be together until the end," Valdez, a three-time PVL Most Valuable Player, said. (PNA)

UST edges NU to reach UAAP men's tennis finals

MANILA – University of Santo Tomas (UST) marched to the finals of the UAAP Season 88 tennis tournament after edging reigning champion National University (NU), 3-2, Sunday in their do-or-die semifinal duel at Colegio San Agustin in San Jose del Monte, Bulacan.

Steven Sonsona and Al Zayed Baid clinched the tie for UST, beating Angil Balaoing and Isaac Lim, 7-5, 6-3, in the second doubles match.

NU raced to a 2-0 lead after Alexis Acabo defeated Evan Bacalso, 6-4, 6-0, and Andrei Padao downed Ericjay Tangub, 6-2, 6-4.

But Christopher Sonsona conquered Jules Lazaro, 6-2, 6-4, and the pair of Richard Bautista and Nash Agustines prevailed over Christian Padilla and Miguel Vicencio, 6-0, 6-4, to tie.

UST earned a fourth straight trip to the finals and a duel with University of the Philippines in the best-of-three title series starting March 25.

The Male Tennisters are eyeing a 17th crown while the Fighting Maroons are seeking to end a 26-year title drought.



Steven Sonsona (left) and Al Zayed Baid

UP's only loss this season came from UST, 4-1, in the first round. UP bounced back in the second round, 4-1.

"We went through a lot of hardship, but we're so thankful now because we're back in the Finals. We were under a lot of pressure, but with the help of our coaches, they were able to calm us down and then we just gave it our best. Just heart," Baid said.

Meanwhile, University of the East and National University Nazareth School (NUNS) scored easy victories to arrange a title showdown in the inaugural boys' division.

UE demolished De La Salle Zobel, 3-0, while NUNS whipped Ateneo de Manila University, 2-0.

The boys' championship is set March 28 at 7:30 a.m. (PNA)



Fighting Maroons make UAAP tennis finals after 10 years



TOP NETTER. University of the Philippines' Raymund Goco makes a forehand return in the UAAP Season 88 men's tennis tournament at Colegio San Agustin in San Jose del Monte, Bulacan on Saturday (March 21, 2026). Goco teamed up with Andrei Jarata to beat Kian Sanchez and Mark Dave Palanas, 6-3, 6-2, in the second doubles match. (UAAP photo)

MANILA – University of the Philippines (UP) marched to the championship round for the first time after 10 years, beating University of the East, 3-2, Saturday in the UAAP Season 88 men's tennis tournament at Colegio San Agustin in San Jose del Monte, Bulacan.

UP's Raymund Goco and Andrei Jarata outplayed Kian Sanchez and Mark Dave Palanas, 6-3, 6-2, in the second doubles match to win the tie.

"We are very happy that after a decade, we are back in the finals," Goco said.

"Our game is more intense in the doubles and I also trust my partner Andrei Jarata, who gave me strength. I have a lot of trust in him on and off the court, especially on the baseline. His ball is very solid, so I'm also thankful to my partner."

Loucas Fernandez whipped Gerald Gemida, 6-0, 6-0, and Miguel Iglupas downed Marc Suson, 6-0, 6-4, to give the Fighting Maroons a 2-0 lead.

But the Red Warriors bounced back, with Kent Morales and Allyson Cabanilla winning over Heinz Carbonilla and Stephen Catipon, 6-2, 6-2; and JB Aguilar prevailing over Lance Fernandez, 6-3, 5-7, 6-2, to make it 2-all.

Meanwhile, defending champion National University (NU) clobbered University of Santo Tomas, 3-0.

The Bulldogs and the Male Tennisters will clash for the second finals berth on Sunday at 7:30 a.m.

NU's Angil Balaoing and Isaac Lim con-

quered Al Zayed Baid and Evan Bacalso, 6-2, 6-2, in first doubles match.

"For us, it's a really big adjustment because from last year, we were twice-to-beat, then now we're not. So we're more under pressure and maybe we just trust each other more now and of course, in God too," said Balaoing.

"We had some discussions. We had a meeting with our teammates so that no one would be down. We just have to stay up no matter what happens. Even though we lost in the playoffs, we still stay positive no matter what happens, and teamwork," Lim added.

Andrei Padao clobbered Christopher Sonsona, 6-1, 6-2, and Alexis Acabo triumphed over Ericjay Tangub, 7-5, 6-2. (PNA)



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