



PRESIDENT MARCOS P.2 INSPECTS 'OPLAN KONTRA BAHA' OPERATIONS IN NAGA CITY



GOV'T SUPPORT CONTINUES FOR KANLAON-AFFECTED RESIDENTS

NEGROS OCCIDENTAL — Following the February 19 explosive eruption of Kanlaon Volcano, the national government and local government units (LGUs) here have been working closely to provide immediate assistance and support to affected families.

According to the Department of Social Welfare and Development (DSWD)-Negros Island Region (NIR), its teams are on alert and ready to ensure the safety, welfare, and continued support to affected communities, in close collaboration with the local government's counterparts.

In a statement, the Agency also expressed solidarity with families affected by the effects of Kanlaon's recent explosive activity.

Regional Disaster Risk Reduction and Management Council (RDRRMC) Progress Report No. 5, issued on February 20, indicated that the total cost of assistance provided has reached over P413,000 for families in Bago City, La Carlota City, and Canlaon City.

Meanwhile, RDRRMC's Disaster Response Operations Monitoring and Information Center (DROMIC) records show that as of Feb. 20 afternoon, DSWD-NIR stockpiled family food packs (FFPs) worth over P134 million, ready-to-eat food worth nearly P9 million, and other food and non-food items worth P11.4 million.

These resources are stored in various DSWD NIR warehouses throughout the region to ensure immediate distribution when needed.

On the part of the Office of Civil Defense (OCD) NIR, Deputy Administrator for Operations Assistant Secretary Cesar Idio and OCD-NIR Regional Director Donato A. Sermeno III turned over 20,000 N95 face masks and 5,000 protective goggles to LGU La



Carlota City through Mayor Jose Luis Jalandoni on Feb. 21.

Aside from the turnover of personal protective equipment, ODC officials met with LGU officials of La Carlota and Bago to discuss the situation, ongoing response measures, and the other critical needs of the affected population.

They also visited evacuation centers to ensure the dignity and welfare of internally displaced persons (IDPs).

In a social media post, the OCD-NIR highlighted its commitment to effective disaster management by ensuring immediate assistance to communities, continuous support, and strengthened collaboration with LGUs and other stakeholders.

RDRRMC's Progress Report No. 5 also indicates that 496 families or 1,493 individuals have been affected by the recent eruption, with 52 families or 161 individuals staying in evacuation centers under the care of DSWD and the local governments. (EAD-BPS/PIA Negros Occidental)



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Ano ang PhilHealth YAKAP?

Ang PhilHealth YAKAP o Yaman ng Kalusugan Program ay ang pinalawak na Konsulta Program. Sa pamamagitan ng mga YAKAP Clinics, minto-monitor ang kalusugan ng mga tao upang mapanatili ang kalusugan, agad na matukoy ang sakit, at matibigay ang tamang gamot upang maiwasan ang pagkakaospital.

PhilHealth YAKAP
MARA MALAYO SA TACTI

ANO ANG PHILHEALTH YAKAP?

Ang PhilHealth YAKAP ay isang mahalagang programa para sa mapangalagaan ang ating kalusugan. Alamin kung paano ito makatutulong sa atin at sa ating pamilya. Pumili ng YAKAP Clinic at simulan ang unang hakbang patungo sa mas malusog na pamumuhay.

Tingnan ang listahan ng mga accredited YAKAP Clinics sa buong bansa sa link na ito:

<https://www.philhealth.gov.ph/.../accredited/YAKAP.pdf>

~ SOUL FOOD ~

"11 Give us today our daily bread. 12 And forgive us our debts, as we also have forgiven our debtors. 13 And lead us not into temptation, but deliver us from the evil one."

- Matthew 6:11-13 -

Majority of PH exports exempted prior to US tariff ruling



MANILA – The Philippines will continue to work closely with the United States (US) to maintain the two nations’ good relations even as its Supreme Court (SC) struck down President Donald Trump’s sweeping global tariffs, Malacañang said on Saturday.

In a statement, Palace Press Officer Claire Castro said majority of Philippine exports already enjoyed zero tariff in the US even before the latest decision on Trump’s far-reaching tariff agenda.

Castro was referring to over PHP1 billion worth of Philippine exports bound for the US, which were spared from the 19-percent headline tariff following the new exemption for certain goods, mainly agricultural products contained in the executive order issued by Trump in November 2025.

“[Finance] Secretary [Frederick] Go had previously explained that majority of our exports were already exempted even before this US SC decision,” she said.

“We will continue to engage with the USA as it is an important trade and investment partner,” Castro added.

In a 6-3 decision, the US SC ruled that Trump’s sweeping global tariffs were illegal because he exceeded his legal authority under the International Emergency Economic Powers Act (IEEPA).

The court emphasized that the US Constitution gives Congress, not the president, the exclusive authority to levy taxes and import duties.

Trump invoked the IEEPA, a 1977 law, to impose tariffs on nearly all US trading partners, citing national emergency over a trade deficit. **(PNA)**

PRESIDENT MARCOS INSPECTS ‘OPLAN KONTRA BAHA’ OPERATIONS IN NAGA CITY

President Ferdinand R. Marcos Jr. on Saturday conducted an inspection of ongoing Oplan Kontra Baha (OKB) operations in Naga City, demonstrating the administration’s commitment to addressing the country’s perennial flooding problems.

Upon arrival in Naga City, President Marcos first visited the Jesse M. Robredo Coliseum, then proceeded to Sagop Creek in Barangay Triangulo to personally inspect dredging, waste-clearing, and cleaning activities in the area.

President Marcos was joined by Naga City Mayor Maria Leonor “Leni” Robredo during the inspection.

Speaking before the media, President Marcos said the dredging and cleanup activities are part of the government’s ongoing efforts to address persistent flooding in areas along the Bicol River Basin.

“These are the beginnings of the perennial na flood problem here in Naga and in the rest actually along the Bicol River. Alam naman natin ito’y ang basin. Maraming mga construction, hindi lamang ‘yung private sector construction kundi ang pagpagawa nito ng mga ibat-ibang — ‘yung linipat ang dinaanan ng tubig kaya naging mas grabe,” President Marcos said.

The President pointed to heavy siltation, which has significantly reduced the river’s depth and carrying capacity, leading to recurring flooding in the area.

President Marcos said that according to Mayor Robredo, some areas that previously did not experience flooding are now being affected, citing both environmental changes and the increasing impact of climate change.

The Chief Executive stressed that the government is determined to address flooding in the city but admitted that it will take a comprehensive, long-term approach.

“Malaking trabaho ito. It will take time but mara-



mi na tayong mga intervention na puwedeng gawin... This is only the beginning,” the President said.

After visiting Sagop Creek, the President proceeded to Sitio Magaya-gaya Creek in Barangay Concepcion Pequeña to also inspect ongoing dredging and clearing operations in the area.

The OKB operations in Naga City, which began on February 18, 2026, are scheduled to be completed on July 31, 2026. The initiative covers 29 rivers and creeks and two lakes, handling a total water volume of 26,621,370.51 cubic meters.

The project also includes cleaning and clearing the city’s drainage system, which spans 250.51 kilometers, with 75,152.19 cubic meters of sediment slated for removal.

To support these operations, the DPWH and local government have deployed 27 dredging units, 30 dump trucks, and 1,525 personnel equipped with protective gear.

Oplan Kontra Baha is an ongoing initiative by the Marcos administration to reduce flooding and protect communities nationwide by improving the management of waterways and drainage systems, with operations currently underway in Metro Manila, Cebu, and Bacolod. **(PND)**

Palace refutes report of convoy harassment involving presidential son

MANILA – Malacañang has denied a circulating report claiming that a convoy involving a “presidential son” was harassed by another group of vehicles allegedly registered in Bulacan.

“No such incident involving any presidential son,” Presidential Communications Office (PCO) Secretary Dave Gomez told reporters in a message late Saturday.

An online report earlier claimed that a three-vehicle motorcade blocked the vehicle of a “presidential son” along the North Luzon Expressway (NLEX), and that around 15 men allegedly alighted from vehicles said to be registered in a municipality in Bulacan.

The report further alleged that a passenger from one of the Bulacan-registered vehicles stepped out carrying a firearm.

President Ferdinand R. Marcos Jr. and First Lady Liza Araneta-Marcos have three sons: Joseph Simon, William Vincent, and Ilocos Norte 1st District Rep. Ferdinand Alexander “Sandro” Marcos.

Authorities provided no further details as of posting time.

Deputy Speaker Jay Khonghun of Zam-bales slammed the social media report as baseless and irresponsible.

“Kung wala namang nangyari at malinaw na itinanggi na ng Malacañang, tigilan na natin ang pagpapakalat ng fake news. Ang ganitong klaseng haka-haka ay nakakasira at nagdudulot lang ng kalituhan sa publiko (If nothing happened and Malacañang has



NO HARASSMENT. The First Family leads the flag-raising ceremony for the 126th commemoration of the martyrdom of Dr. Jose Rizal at the Rizal Park in Manila on Dec. 30, 2022. Malacañang on Saturday (Feb. 21, 2026) denied a circulating report claiming that a convoy involving a “presidential son” was harassed by another group of vehicles allegedly registered in Bulacan. **(PNA File photo by Rey S. Baniquet)**

clearly denied it, let’s stop spreading fake news. This kind of speculation is damaging and only causes confusion among the public,” he said in a statement.

He said the national conversation must be anchored on verified facts from official sources.

“Hindi biro ang gumawa o magpakalat ng ganitong istorya (It’s not a joke to fabricate or spread this kind of story). It undermines public trust and diverts attention from real issues that deserve serious discussion,” Khonghun said.

“If we allow this kind of misinformation to go unchecked, deception becomes normalized. That erodes the very foundations of informed democratic discourse,” he added. **(with a report from Zaldy De Layola/PNA)**

KAIBIGAN SA KALUSUGAN

Our branches are manned by
CERTIFIED NATUROPATHIC PRACTITIONERS
duly licensed by PITAHC

Richard Nixon Gomez
Scientist/Inventor

Jose Rizal Gomez		Rigel Gomez
Ana Fe Acosta	Matt Martin Cruz	Mark Joseph Doctor
Dolly Feliciano	Marive Garcia	Alhex Tagle
Christina Padilla	Jean Remendado	Francis Salas

1. BAGUIO CITY, Benguet
Tuesdays & Fridays, 7:30am to 11:30am
2nd Floor, St. Vincent Cym, 6 Campo
Rigino Nagallan Rd., 3050 Baguio City
(Near St. Vincent Parish Church)

3. TARLAC CITY, Tarlac
Mondays, 7:00am to 2:00pm
Ground Flr. Unit A, La Mesa Bldg. Business
Center, McArthur Highway, Tarlac City
(Beside Victory Lane, near La Mesa
Hall, 300m from JICA Terminal)

5. SAN FERNANDO, Pampanga
Mondays, 7:00am to 2:00pm
Unit 1 Garcia Bldg., McArthur Highway,
Brgy. Divisoria San Fernando, Pampanga
(Opposite from San Fernando City Hall)

7. MONUMENTO, Caloocan
Saturdays, 7:00am to 2:00pm
9th Flr. The Big Orange Bldg., 528 105A,
Craze Park, Monumento, Caloocan City
(Beside City Lumber, near ABS-Collage,
near Robinsons Monumento)

9. CUBAO, Quezon City
Wednesdays, 7:00am to 2:00pm
2nd Flr. Crest Bldg., 8 cor. Annapolis St.,
Cubao, Quezon City
(Beside United Bank, near Shell)

11. BACOR, Cavite
Tuesdays, 7:00am to 2:00pm
Maria de Castro Bldg., Emilio Aguinaldo
Highway, Brgy. Panagaban Bacor, Cavite
(In front of Panay and Panagaban Bldg.)

13. TANAUAN, Batangas
Wednesdays, 7:00am to 12:00pm
Saturdays, 9:00am to 2:00pm
FL 2, DIMASUGA Commercial Bldg.,
A. Mabini St., Poblacion 2,
Tanauan City, Batangas

VISIT OUR BRANCHES

2. CABANATUAN, Nueva Ecija
Mondays, 7:00am to 2:00pm
2nd Floor VP Bldg., Maratika Highway,
Cabanatuan City, Nueva Ecija
(Opposite Bank of Commerce, across Robinsons Cabanatuan)

4. BALIUAG, Bulacan
Thursdays, 7:00am to 2:00pm
Unit B Village Complex,
DRT Highway, Baliuag Bulacan
(Beside JICA Bldg.)

6. MALOLOS, Bulacan
Tuesdays, 7:00am to 2:00pm
Unit 102, Pineda Bldg., Pasita Rd.,
Mabini, Malolos Bulacan
(Beside Robinsons Malolos and Wharehouse)

8. NOVALICHES, Quezon City
Tuesdays, 9:00am to 4:00pm
GF Our Lady of Mercy Bldg., Ramirez St.,
cor. Quirino Highway, Novaliches,
Prepper, Quezon City
(Near New Hall and Holy Spirit Church)

10. ORTIGAS, Pasig
Saturdays, 9:00am to 4:00pm
Unit 101 Corinthian Executive Regency Bldg.,
Ortigas Avenue, Pasig City
(Beside Robinsons Ortigas & Corner Transit)

12. ALABANG, Muntinlupa
Tuesdays, 9:00am to 4:00pm
Unit 203 Estrella Bldg. 1,
Montrealero Ave., Alabang, Muntinlupa
(Near JICA Bldg.)

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Republic of the Philippines
National Capital Judicial Region
OFFICE OF THE CLERK OF COURT
Regional Trial Court
Email Address: rtc1mnlocc@judiciary.gov.ph
Contact Nos.: +63 991 958 7864

UNIONBANK OF THE PHILIPPINES,
Petitioner/s/Mortgagee/s,

-versus-

Foreclosure No. 26-4948

JULIUS CEAZAR S. PORCIUNCULA,
Respondent/s/Mortgagor/s.

X ----- X

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135/1508, as amended by Act 4118, filed on January 28, 2026, against, JULIUS CEAZAR S. PORCIUNCULA of #3 Tampoy Street, Project 2, Quezon City, to satisfy the mortgage indebtedness which, as of January 05, 2026, amounts to PESOS: **TWO MILLION FIVE HUNDRED EIGHT THOUSAND FIVE HUNDRED FIFTY THREE AND SEVENTY-SEVEN CENTAVOS (Php2,508,553.77)**¹ pursuant to the **Real Estate Mortgage**², the undersigned Acting Clerk of Court & *Ex-Officio* Sheriff of the Regional Trial Court of Manila, through her deputy, **Sheriff ARMELINO D. TRAMBULO**, will sell at public auction on **MARCH 19, 2026** at 10:00 o'clock in the morning or soon thereafter but not later than 2:00 o'clock in the afternoon, in front of the Office of the Clerk of Court, Regional Trial Court, Manila, Room 400, 4th Floor, Manila City Hall, to the highest bidder, for cash or manager's check and in Philippine Currency, the following property/ies with all its improvements, more particularly described as follows:

REPUBLIC OF THE PHILIPPINES
DEPARTMENT OF JUSTICE
Land Registration Authority
QUEZON CITY
Registry of Deeds for City of Manila

Condominium Certificate of Title
No. 002-2021004068

(Republic Act No. 4726)

IT IS HEREBY CERTIFIED that the unit identified and described as:
UNIT NO. 1606 - A STUDIO UNIT, LOCATED AT THE 16TH FLOOR LEVEL OF AMAIA SKIES - STA. MESA (TOWER 1), WITH AN AREA OF 18.60 SQUARE METERS, MORE OR LESS.

in the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on TRANSFER CERTIFICATE OF TITLE 2012004145 which embraces and describes the land located at V. MAPA COR. VALENZUELA STREET, STA. MESA, MANILA with an area of (1,717.90, 1,054.50, 824.40, 1,375.40) Square Meter, is registered in the name of:

Owner: JULIUS CEAZAR SANTOS PORCIUNCULA, OF LEGAL AGE, SINGLE, FILIPINO
Address: #3 TAMPOY ST. PROJECT 2, QUEZON CITY 1100

All sealed bids must be submitted to the undersigned at the above-stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **April 23, 2026** without the need for further notice.

City of Manila, Philippines, 11 February 2026.

(Sgd.)
SHAIRA A. QUERUBIN
Acting Clerk of Court³ & Ex-Officio Sheriff

(Sgd.)
ARMELINO D. TRAMBULO
Sheriff-in-Charge

Copy furnished:

UNIONBANK OF THE PHILIPPINES
UnionBank Plaza Building, Meralco Avenue
corner Onyx and Sapphire Roads,
Ortigas Center, Pasig City, Metro Manila.

JULIUS CEAZAR S. PORCIUNCULA
#3 Tampoy Street, Project 2, Quezon City.

NOTE/S:
Failure to attend the auction sale, despite proper notice, shall be construed as a waiver. Accordingly, the auction sale shall be held as scheduled.

The mortgagee is required to submit an updated Statement of Account before the scheduled auction sale

NEWSPAPER: **"SENTINEL POST NEWS PUBLISHING"**
DATES OF PUBLICATION: **February 24, 2026 and March 03 & 10, 2026 (Every Tuesday)**

THE SENTINEL POST
February 24, 2026, March 3 and 10, 2026

¹Annex "D" of the Petition
²Dated September 21, 2022 and notarized on September 21, 2022
³Per Designation Order dated December 9, 2024 issued by Hon. Carolina C. Icasiano-Sison, Executive Judge, RTC, Manila with approval/confirmation by Hon. Raul B. Villanueva, Court Administrator, Supreme Court of the Philippines, dated December 10, 2024.



LAW A WEEK

BY: **ATTY. SARAH JEANE CARDONA ANTOLIN**

Protection Against Abuse: What Every Woman Should Know About the Anti-VAWC Law

Domestic violence in the Philippines is primarily addressed under Republic Act No. 9262, also known as the Anti-Violence Against Women and Their Children Act (Anti-VAWC Act). This law protects women and their children from abuse committed by a husband, former husband, boyfriend, former boyfriend, live-in partner, former live-in partner, or anyone they have or had a dating or sexual relationship with. It applies whether the couple is married or not, and even if they are no longer together.

Abuse under this law is not limited to physical harm. It also includes sexual abuse, psychological abuse, and economic abuse. Physical abuse refers to acts that cause bodily harm, such as hitting, slapping, or pushing. Sexual abuse involves forcing a woman or her child to engage in sexual acts without consent. Psychological abuse includes threats, harassment, stalking, constant verbal insults, public humiliation, or controlling behavior that causes mental or emotional suffering. Economic abuse happens when a partner controls the family's money, refuses to provide financial support, prevents the woman from working, or deliberately withholds child support.

A woman experiencing abuse may seek legal protection by applying for a Protection Order. There are three kinds: a Barangay Protection Order issued by the barangay and effective for fifteen days, a Temporary Protection Order issued by the court, and a Permanent Protection Order issued after a hearing. These orders can require the abuser to stop contacting or approaching the victim, move out of the shared home, provide financial support, and stay away from the victim's workplace or school. Protection orders are meant to provide immediate safety and prevent further harm.

Criminal charges may also be filed against the abuser. Penalties can include imprisonment, fines, and mandatory counseling. The severity of the punishment depends on the type and seriousness of the abuse committed. A case may be filed with the police, the prosecutor's office, or directly with the court, depending on the situation. Victims are not required to have visible physical injuries to file a case, especially if the abuse is psychological or economic in nature.

Importantly, the Anti-VAWC Act recognizes that abuse can continue even after a relationship has ended. Harassment through text messages, social media, or stalking can still be grounds for a case. The law aims to protect not only women but also their children, whether legitimate or illegitimate.

If someone is experiencing domestic violence, they may seek help from the barangay, the police, a lawyer, or government agencies that provide legal and psychological support. The law is designed to ensure safety, accountability, and protection for victims, and no one should feel ashamed or afraid to ask for help.

PH Navy to commission 2 brand-new ships on Feb. 24

MANILA – The Philippine Navy (PN) will be christening and commissioning two brand-new ships, an offshore patrol vessel and a fast attack interdiction craft (FAIC), at Naval Operating Base-Subic in Zambales on Feb. 24.

In an advisory Sunday, the PN said these ships are the recently delivered offshore patrol vessel (OPV) BRP Rajah Sulayman (PS-20) and the FAIC, BRP Audrey Bañares (PG-910).

The BRP Rajah Sulayman is the first out of the six OPVs contracted from South Korean shipbuilder, HD Hyundai Heavy Industries (HHI), while the BRP Audrey Bañares is the last ship out of the nine acquired from Israeli Shipyards Limited.

Christening and commissioning ceremonies will be held at Quay 7 of Naval Operating Base-Subic.

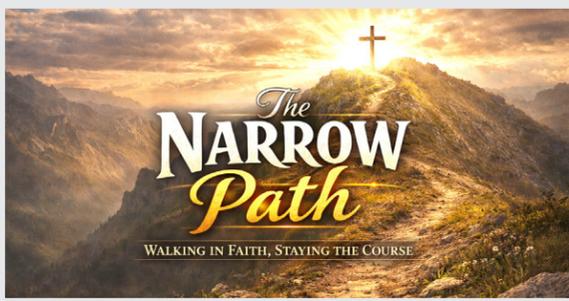
BRP Rajah Sulayman was launched at the HD HHI shipyard in Ulsan, South Korea on June 11, 2025 and arrived in the Philippines on Jan. 17 of this year.

The BRP Rajah Sulayman is the first of the six OPVs ordered from shipbuilder HD HHI, worth around PHP30 billion in 2022.

The ship and its sister vessels are expected to conduct missions aimed at protecting the country's vast waters.

The contract for the nine FAICs, also known as the Acero-class gunboats, worth PHP10 billion, was issued in February 2021.

These ships are expected to replace PN's medium-sized patrol craft and help protect Philippine littoral waters. **(PNA)**



Standing Firm in Your Faith When the World Pushes Back

In a world that constantly shifts in values, opinions, and beliefs, standing firm in your faith can feel difficult. There are pressures from culture, social media, workplaces, and even relationships that can challenge what you believe. Yet the Bible reminds us that faith is not meant to be fragile. It is meant to be rooted, grounded, and unshaken.

To stand firm in your faith means choosing to trust God even when circumstances are uncertain. It means holding on to truth even when it is unpopular. Faith is not simply a feeling that comes and goes; it is a decision to believe God's Word and live according to it daily. Challenges will come. Doubts may arise. But faith grows stronger when it is tested.

The apostle Paul encouraged believers to "stand firm in the faith; be courageous; be strong" (1 Corinthians 16:13). Standing firm requires courage because following Christ does not always align with the world's expectations. It may mean saying no when others say yes. It may mean forgiving when revenge seems easier. It may mean remaining honest when compromise looks more profitable. True faith shows itself in daily choices.

Prayer and Scripture are essential in staying grounded. Just as a tree needs deep roots to survive strong winds, Christians need spiritual roots to endure life's storms. When we regularly spend time in God's Word, we remind ourselves of His promises. When we pray, we surrender our fears and receive His peace. Faith is strengthened not in moments of comfort, but in consistent connection with God.

Standing firm also means remembering who you are in Christ. Your identity is not defined by success, failure, popularity, or criticism. It is defined by God's love. When you know who you belong to, you are less shaken by outside pressure. Confidence in Christ produces stability.

There will be seasons when standing firm feels lonely. But you are never truly alone. God promises His presence. He strengthens those who rely on Him. Even when you feel weak, His grace sustains you. Faith does not mean you never struggle; it means you keep trusting even while you struggle.

In the end, standing firm in your faith is about commitment. It is choosing obedience over convenience, truth over trend, and trust over fear. The storms of life may blow, but a life built on Christ will not collapse. Hold on to Him. Stay rooted. Stay faithful. And no matter what comes, stand firm.

Republic of the Philippines
National Capital Judicial Region
OFFICE OF THE CLERK OF COURT
Regional Trial Court of Manila
rtc1mlocc@judiciary.gov.ph
0991-958-7864

PHILIPPINE NATIONAL BANK,
Applicant-Mortgagee,

-versus-

Foreclosure No. 25-4925

ARLENE A. FELIX
Debtor-Mortgagor

LOVELY CYRELE A. ACACIO,
Co-Debtor.

X-----X

NOTICE OF EXTRA JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135, as amended by Act 4118, filed on December 18, 2025, by the mortgagee, **PHILIPPINE NATIONAL BANK**, as assignee of PNB Savings Bank, with principal office address at the PNB Financial Center, Pres. Diosdado P. Macapagal Boulevard, Pasay City, Metro Manila, against the mortgagor, **ARLENE A. FELIX**, with address at (1) 557 Calcedonia St., San Isidro, Iriga City, Camarines Sur, (2) Al Affary Polyclinic, Alsulimaniya, Tabuk, Kingdom of Saudi Arabia; and (3) Unit 33-F, 33rd Floor, 8 Adriatico Residences, Padre Faura St., Corner J. Bocobo St., Ermita, Manila, to satisfy the mortgage indebtedness which, as of November 30, 2025, amounts to PESOS: **FOUR MILLION THREE HUNDRED NINETY-EIGHT THOUSAND FIVE HUNDRED NINETY-FIVE and SIXTY-NINE CENTAVOS (Php 4,398,595.69)**¹, pursuant to the Uniform Loan and Mortgage Agreement (Real Estate)², the undersigned Acting Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Manila, through her deputy, **Sheriff JOLLY RICHARD M. MUNSAYAC**, will sell at public auction on **March 11, 2026** at 10:00 o'clock in the morning or soon thereafter but not later than 2:00 o'clock in the afternoon, in front of the Office of the Clerk of Court, Regional Trial Court, Manila, Room 400, 4th Floor, Manila City Hall, to the highest bidder, for cash or manager's check and in Philippine Currency, the following property with all its improvements, more particularly described as follows:

Condominium Certificate of Title No. 002-2020010574

(Republic Act No. 4726)
IT IS HEREBY CERTIFIED that the unit identified and described as:
UNIT F, A STUDIO CONDOMINIUM UNIT WITH AN AREA OF 24.72-SQUARE METERS, MORE OR LESS LOCATED AT THE THIRTY-THIRD FLOOR OF "8 ADRIATICO" CONDOMINIUM CONDOMINIUM,
in the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on TRANSFER CERTIFICATE OF TITLE II 2014002846; 2014002847; 2014002848 which embraces and describes the land located at P. FAURA STREET, ERMITA, MANILA with an area of (1,334.00, 137.80, 169.60) Square Meter, Manila is registered in the name of:
Owner: (1) ARLENE AGAPITO FELIX, OF LEGAL AGE, SINGLE, FILIPINO CITIZEN
Address: AL AFFARY POLYCLINIC AL SULIMANIYA, TABUK, SAUDI ARABIA
(Continued on next page)
OWNER INFORMATION (Continued from page 1)
Owner: (2) LOVELY CYRELE AGBAYANI ACACIO, OF LEGAL AGE, SINGLE, FILIPINO CITIZEN
Address: AL AFFARY POLYCLINIC AL SULIMANIYA, TABUK, SAUDI ARABIA

Prospective bidders and/or buyers are enjoined to investigate, verify and conduct proper due diligence on the property above described.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date due to fortuitous event or if the same be declared a non-working, or for any other lawful/valid reasons, it shall be held on **April 8, 2026** without the need of further notice, re-posting and republication.

City of Manila, Philippines, January 8, 2026.

(Sgd.)
SHAIRA A. QUERUBIN³
Acting Clerk of Court & Ex-Officio Sheriff

(Sgd.)
JOLLY RICHARD M. MUNSAYAC
Sheriff-in-Charge

Copy furnished:

PHILIPPINE NATIONAL BANK
Applicant-Mortgagee
PNB Financial Center, Pres. Diosdado P. Macapagal Boulevard, Pasay City, Metro Manila

ARLENE A. FELIX
LOVELY CYRELE A. ACACIO
Debtor-Mortgagor
(1) 557 Calcedonia St., San Isidro, Iriga City, Camarines Sur, and
(2) Unit 33-F, 33rd Floor, 8 Adriatico Residences, Padre Faura St., Corner J. Bocobo St., Ermita, Manila

NOTE: Failure to attend at the said auction sale despite proper notice, shall be construed as a waiver. Accordingly, the auction sale shall be held as scheduled.

WARNING:

It is absolutely prohibited to remove, destroy or deface this Notice of Extra-Judicial Sale on or before the date of sale, under the penalty of law.

NEWSPAPER: **SENTINEL POST NEWS PUBLISHING (every Tuesday)**
DATES OF PUBLICATION: **February 10, 17 & 24, 2026**

- Annex "G" of the Petition
- Notarized on September 24, 2018
- Per Designation Order dated December 09, 2024 issued by Hon. Carolina C. Icasiano-Sison, Executive Judge, RTC, Manila with approval/confirmation by Hon. Raul B. Villanueva, Supreme Court of the Philippines, dated December 10, 2024

THE SENTINEL POST
February 10, 17 and 24, 2026

Open an Account in Minutes with BDO Basic

Opening an account shouldn't feel like another task on your endless to-do list. Between deadlines and side hustles, nobody's got time for long lines or complicated forms. That's why BDO Unibank (BDO) offers the Basic Account, a quick and simple way to start banking right from your phone.

Ready when you are

With just a valid passport and the BDO Pay app, you can set up your Basic Account in minutes—no initial deposit, no maintaining balance required. All you need is your smartphone, so you can literally open an account between classes, after work, or while waiting for coffee. Other government-issued IDs are also accepted, with approval typically completed within one day.

Once it's approved, you're good to go. Pay Bills, Send Money, Scan to Pay at partner merchants, or Split Bill with friends using BDO Pay—all directly from your Basic Account.

Every transaction links straight to your account, making it easy to track your spending. It's perfect for students and young professionals learning to budget without the hassle. No extra steps, no need to cash in or transfer funds between digital wallets.



Adulting made easy. Open a BDO Basic Account in minutes with just your phone and ID—no need for an initial deposit.

Easy, simple and secure access you can rely on

Your Basic Account is made for everyday life—reliable, consistent, and easy to count on. It's built to support your daily needs as they grow and change.

For added convenience, you can get a physical BDO Pay card and withdraw cash for free at BDO ATMs anytime, giving you dependable access to your funds whenever you need them.

And because the Basic Account is powered by BDO Unibank, you have the assurance of strong security and a nationwide branch network whenever you need in-person support.

Ready to make banking the simplest part of your day? Download the BDO Pay app and open your Basic Account now.

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
NATIONAL CAPITAL JUDICIAL REGION
CITY OF PARAÑAQUE

OFFICE OF THE CLERK OF COURT
& EX-OFFICIO SHERIFF

BANK OF THE PHILIPPINE ISLANDS
(SUCCESSOR-IN-INTEREST OF
ROBINSONS BANK CORPORATION),
Mortgagee,

- versus -

FRE No. 2026-007

JANESSA ORDINARIO MAQUIRANG
a.k.a. JANESSA O. MAQUIRANG.

Mortgagors.

X ----- X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Verified Petition for Extra-Judicial Foreclosure of Real Estate Mortgage Under Act 3135 as amended by Act No. 4118 filed by Petitioner/Mortgagee, Bank of the Philippine Islands with principal office address at 27th Floor, BPI Buendia Center Bldg. 372 Sen. Gil Puyat Ave., Brgy. Bel-Air, Makati 1209 against Mortgagor Janessa Ordinario Maquirang a.k.a. Janessa O. Maquirang of legal age, single, Filipino citizen with postal address/es at: (1) Unit 102 #532 Zen Residences, Montaña Street, Sampaloc, Manila and (2) Unit 816,8th Floor, Aria A Tower, Amaia Steps Bicutan, Brgy. La Huerta, Parañaque City, to satisfy the mortgage indebtedness which as of **January 20, 2026** amounts to Three Million Ninety-Six Thousand One Hundred Sixty Five & 33/100 (P3,096,165.33), inclusive of interest, penalties and other charges. The Clerk of Court and Ex-Officio Sheriff, Regional Trial Court, Parañaque City, Metro Manila, thru his duly authorized Deputy Sheriff, will sell at public auction on **March 17, 2026** at 10:00 o'clock in the morning or soon thereafter but not later than 4:00 o'clock in the afternoon, at the Lobby, Ground Floor, Main Entrance, City Hall Building, Parañaque City, Metro Manila, to the highest bidder, for CASH or MANAGER'S CHECK, and in Philippine Currency, the following property/ies, with all the improvement, to wit:

CONDOMINIUM CERTIFICATE OF TITLE NO.010-2021006999

IT IS HEREBY CERTIFIED that the unit identified and described as:

AMAIA STEPS BICUTAN PHASE 1
ARIA A BUILDING
EIGHT FLOOR LEVEL
UNIT NO.:816
UNIT TYPE: UNIT A
UNIT AREA: 23.31 SQ. M.
TOTAL AREA: 23.31 SQ.M.

in the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on TRANSFER CERTIFICATE OF TITLE 2013002316 which embraces and describes the land located at BRGY. LA HUERTA, PARAÑAQUE CITY with an area of TWENTY-TWO THOUSAND FIVE HUNDRED THIRTY-SEVEN (22,537) Square Meter, is registered in the name of:

Owner: JANESSA ORDINARIO MAQUIRANG, OF LEGAL AGE, SINGLE, FILIPINO

Address: UNIT 102 #532 ZEN RESIDENCES MONTAÑA ST., SAMPALOC, MANILA, 1008

ALL sealed bids must be submitted to the undersigned on the above-stated date and time and will be publicly opened before 4:00 O'clock in the afternoon at the venue of the auction.

IN THE event that the public auction should not take place on the said date, it shall be held on **March 24, 2026** at the same place without further notice.

INTERESTED PARTY/IES and prospective buyer/s are enjoined to investigate for themselves the title/s of the mortgaged property/ies and the encumbrance/s thereon if any there be.

CITY OF PARAÑAQUE, Metro Manila, Philippines, February 3, 2026.

PREPARED AND VERIFIED BY:

RUMEL M. MACALISANG
Deputy Sheriff, RTC BR. 258
RTC, PARAÑAQUE CITY

ATTY. HECTOR C. SILVA
CLERK OF COURT VI &
EX-OFFICIO SHERIFF

PUBLISHER/NEWSPAPER : SENTINEL POST NEWS PUBLISHING
DATE OF PUBLICATION : February 10, 17 & 24, 2026

NOTE: Distribution of judicial notice and petitioners for Publication affected by raffle pursuant to PD#1079 and OCA Cir#7-2002.

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice or before the date of auction Pain of Contempt and/or penalty of Law

THE SENTINEL POST
February 10, 17 and 24, 2026

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
NATIONAL CAPITAL JUDICIAL REGION
OFFICE OF THE CLERK OF COURT AND EX-OFFICIO SHERIFF
PASAY CITY

BDO UNIBANK, INC.

Mortgagee,

FILE NO. REM 25-216

-versus-

FOR: EXTRA-JUDICIAL
FORECLOSURE OF REAL ESTATE
MORTGAGE UNDER ACT NO. 3135,
AS AMENDED BY ACT NO. 4118

KENNETH DURAN DANTES,
MARRIED TO
KARLA CAMILLE ALFONSO DANTES,
Debtors/Mortgagors.

X ----- X

NOTICE OF EXTRA JUDICIAL SALE

Upon verified petition for sale under Act 3135, as amended by Act 4118, filed by the Mortgagee/s **BDO UNIBANK, INC., c/o REMEDIAL MANAGEMENT UNIT** with office/business address at **33rd Floor BDO Corporate Center Ortigas, No.12 ADB Avenue, Mandaluyong City,** against **KARLA CAMILLE ALFONSO DANTES, signing for herself and as attorney-in-fact of KENNETH DURAN DANTES,** with residence/postal/office address at **(1) No. 30-A-D. Bonifacio St., Canumay East, Valenzuela City; (2) Unit 1154, 11th Floor, Tower 2 Shore 3 Residences, Lot 3-C, Seaside Boulevard and Sunrise Drive MOA Complex, Pasay City 1300; and (3) #30-A.D. Bonifacio St., Canumay East Valenzuela Philippines 550** to satisfy the mortgage indebtedness which as of **21 November 2025** amounts to **Php4,684,226.85,** including/excluding interest, penalties, charges, attorney's fees and expenses incidental to this foreclosure and sale, the undersigned Deputy Sheriff will sell at public auction on **April 07, 2026** between 9:00 am and 4:00 pm at the ground floor (main entrance) of the Hall of Justice, Pasay City to the highest bidder, for CASH and in Philippine Currency, the following described real property/ies, together with all the improvements existing thereon to wit:

Condominium Certificate of Title

No. 003-2023008070

(Republic Act No. 4726)

IT IS HEREBY CERTIFIED that the unit identified and described as:

"SHORE 3 RESIDENCES"
TOWER 2
FLOOR LEVEL - 11TH FLOOR
UNIT NO. 1154
UNIT TYPE - FAMILY SUITE B WITH BALCONY
UNIT AREA - 26.00 SQ.M., MORE OR LESS

in the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on TRANSFER CERTIFICATE OF TITLE 2014000627 which embraces and describes the land located at SEASIDE BOULEVARD AND SUNRISE DRIVE, CBP I-A, MALL OF ASIA COMPLEX, PASAY CITY with an area of FIFTY-SIX THOUSAND EIGHT HUNDRED FIFTY-FOUR (56,854) Square Meter, is registered in the name of:

All sealed bids must be submitted to the undersigned on the above-stated time and date. In the event the public auction should not take place on the said date, it shall be held on **April 21, 2026** without further notice.

Pasay City, this 2nd day of February 2026.

For the Acting Clerk of Court & Ex-Officio Sheriff

Publication: SENTINEL POST
Dates: FEBRUARY 10, 17 & 24, 2026

(Sgd.)
REYNER S. DE JESUS

It is absolutely prohibited to remove, deface or destroy this Notice of Sale on or before the date of sale under penalty of law.

THE SENTINEL POST
February 10, 17 and 24, 2026



JEZKA

- CIVIL WORKS
- TELECOMMUNICATION
- PROJECT MANAGEMENT

26 Koppel St. Filinvest 2 Subdivision Batasan Hills, Quezon City
Tel. No.: (02) 893-24432
email: info@jezkacorp.com

NOTICE OF SALE OF REAL PROPERTY

NOTICE is hereby given that in a document entitled “**Deed of Absolute Sale**,” executed by and between **MARILYN A. APA**, single, Filipino citizen, of legal age, with address at **Masbate City**, as **Vendor**, and **HAROLD CHRIS CABANTOG FONTANOS**, single, Filipino, of legal age, and a resident of **No. 25A Subilo II, Brgy. Landayan, San Pedro City, Laguna**, as **Vendee**, the parties declared and made known the following:

1. The Vendor is the registered owner of a parcel of land located in **Barangay San Antonio, Municipality of Kalayaan, Province of Laguna**, covered by **Transfer Certificate of Title No. 059-2022000963**, with an area of **One Hundred (100) square meters**, more or less;
2. The title was issued by the **Registry of Deeds for Laguna, Siniloan**, pursuant to a Free Patent/Decree in the name of the Vendor, free from liens and encumbrances except those stated in the title;
3. For and in consideration of the agreed purchase price, the Vendor **sold, transferred, and conveyed by way of Absolute Sale** the above-described real property, together with all improvements thereon, in favor of the Vendee, his heirs and assigns;
4. The Vendor warranted that she has full right and authority to sell the property and undertook to defend the title against all lawful claims of third persons;
5. The sale is binding upon the parties, their heirs, successors, and assigns, subject to existing laws and regulations.

The **Deed of Absolute Sale** was executed and notarized in **San Pedro City, Laguna**, before Atty. Raymond A. Ramos, **Notary Public**, and entered in the notarial register as **Doc. No. 481; Page No. 98; Book No. 391; Series of 2026**.

THE SENTINEL POST
February 10, 17 and 24, 2026

NOTICE OF DECREASE OF AUTHORIZED CAPITAL STOCK OF FAVEAUX MARKETING, INC.

Notice is hereby given that the Board of Directors of **FAVEAUX MARKETING, INC.** (the “Corporation”), during its regular meeting held on January 31, 2026, approved the amendment of Article Seventh of the Corporation’s Amended Articles of Incorporation decreasing the authorized capital stock of the Corporation from Twenty Eight Million Pesos (P28,000,000.00) divided into Two Hundred Eighty Thousand (280,000) shares with a par value of One Hundred Pesos (P100.00) per share to Five Hundred Thousand Pesos (P500,000.00) divided into Five Thousand (5,000) shares with a par value of One Hundred Pesos (P100.00) per share, for the purpose of returning capital to the Corporation’s stockholders.

Notice is likewise given that the decrease in the authorized capital stock of the Corporation has been approved and ratified by the stockholders representing at least two-thirds (2/3) of the outstanding capital stock of the Corporation at the Special Stockholders Meeting held on February 9, 2026.

This announcement serves as notice to all concerned parties of the legal amendment of the Amended Articles of Incorporation of the Corporation.

February 09, 2026

FAVEAUX MARKETING, INC.

By:

JULIANA O. VALENCIA
Corporate Secretary

THE SENTINEL POST
February 17, 24 and March 3, 2026

Building a Matatag and Maginhawa Future Through STI at Ilocos Region’s RSTW 2026

The Department of Science and Technology (DOST) officially opened the 2026 Regional Science, Technology, and Innovation Week (RSTW) in the Ilocos Region on February 16 at CSI Stadia, convening national and local leaders, academic institutions, industry partners, and innovators under the theme “Siyensya, Teknolohiya, at Inobasyon: Kabalik sa Matatag, Maginhawa, at Panatag na Kinabukasan,” with the sub-theme Building Smart and Sustainable Communities.

In her welcome remarks, Belen T. Fernandez, Mayor of Dagupan City, underscored the city’s commitment to innovation-driven governance. She emphasized that a smart city is defined not only by digital systems or modern infrastructure, but by how knowledge and innovation generate employment, protect the environment, improve public services, and empower the youth.

Teresita A. Tabaog, DOST Ilocos Regional Director, highlighted that the early celebration of RSTW was made possible through Dagupan City’s proactive partnership with DOST. A major highlight of the event was the launch of the first-ever DOST Niche Centers in the Regions (NICER) Salt Research and Development Center in Pangasinan, an initiative designed to strengthen the province’s salt industry and research capacity. She stressed that collaboration with local governments and communities remains essential in building smart and sustainable communities.

Delivering the inspirational message on behalf of Pangasinan Governor Ramon V. Guico III, Raymundo D. Rovillos, President of Pangasinan Polytechnic College, affirmed that the province’s innovation agenda is people-centered. He cited the revitalization of salt-making initiatives and announced the upcoming launch of the PPC-DOST iHub, envisioned as a premier training ground and entrepreneurial incubator for the region’s emerging technology leaders.

Ana Carmela Ventura-Remigio, Presidential Assistant Secretary for Northern Luzon, emphasized that science, technology, and innovation (STI) are critical to achieving a future that is resilient, prosperous, and secure. She noted the alignment between national development goals and DOST’s four pillars, stressing that innovation must be purposeful and directed toward meaningful progress.

In his keynote address, Renato U. Solidum Jr., DOST Secretary, highlighted Pangasinan’s historical



connection to salt production—derived from the word “asin”—as a symbol of how science and innovation are deeply rooted in local knowledge and livelihoods. He encouraged local governments, researchers, educators, and students to continue transforming science into practical solutions and ideas into opportunities for inclusive regional growth.

The program also featured reports from current STI Ambassadors of Region I, the conferment of new STI Ambassadors from academia, government, industry, and the environmental sector, and the awarding of STI assistance to partner institutions, including Universidad de Dagupan, Pangasinan Polytechnic College, and the Dagupan City Government.

Ceremonial highlights included the distribution of STARBOOKS units, the Water Compendium and TOURLISTA platforms, the signing of a Memorandum of Understanding for the institutionalization of MAGHANDA for KIDS, and the launch of the SOLIDO Knowledge Hub.

During the press conference, Mayor Fernandez expressed gratitude to DOST and its Ilocos Regional Office for hosting RSTW in Dagupan. She emphasized the strengthened partnership in advancing the city as a smart and sustainable community through science- and data-driven solutions tailored to local needs. She cited the establishment of science-focused schools to promote early STI education, the adoption of DOST-developed Disaster Risk Reduction and Management technologies to improve preparedness and mitigation, and the implementation of science-based waste management programs to support environmental sustainability—initiatives fully backed by Secretary Solidum and the DOST community.

Running until February 18, the 2026 RSTW features technology exhibits, forums, and partnership-building activities aimed at strengthening agriculture, industry, education, tourism, and disaster resilience. The event reaffirms that in the Ilocos Region, science and innovation remain essential partners in building a smarter and more sustainable future. **(Nelson Santos)**

Public Service ANNOUNCEMENT

Pansamantalang isasara sa publiko ang Amoranto Sports Complex mula March 2, 2026 hanggang December 2026.

Ito ay upang bigyang daan ang isasagawang major reconstruction, upgrading, at construction ng bagong sports facilities. Bahagi ito ng patuloy na programa ng Pamahalaang Lungsod na masigurong maayos, ligtas, at world-class ang pasilidad.

Mananatili namang bukas ang swimming pool venue sa publiko.

Maraming salamat po sa inyong pag-unawa.

FEBRUARY 11, 2026

TSP SHOWBIZ ROUND-UP

ERIK SANTOS MADE AN APPRECIATION POST FOR REGINE VELASQUEZ ALCASID



Dear Ate Reg,

We see you. We know that lately, some performances have felt like a battle with anxiety and that the stage, which once brought you pure joy, now sometimes brings frustration instead.

Please know that your legacy as THE Asia's Songbird is not defined by a single high note or a perfect vocal day. It is defined by more than 4 decades of being the heartbeat of OPM. And even as you navigate the natural changes in your voice dahil sa hormonal change and menopause issues, you remain undeniably one of the best, if not the best, in OPM.

Palagi mo sinasabi that you sound different now, na nagbago na talaga yung boses mo. But your recent duet with Josh Groban proved that you still possess the "magic" that captivates a room. Kung may pagbabago man, that change carries the weight of a lifetime of stories. And we thank you for still choosing to show up and share a piece of yourself with all of us even when it's hard.

Your honesty about your struggles makes you more than just an icon, it makes you human. Seeing a legend be vulnerable about anxiety on stage inspires us more than any perfect record ever could.

Ate, as someone who knows you on a personal level, what I cherish most are not only the times I get to perform with you, but moreso, the quiet moments we've shared, about life and family, mga tawakang halos walang katapusan — and those real laughs always fill the room when the cameras aren't rolling, raw and unfiltered. I see how your eyes light up when you talk about Nate, and how your greatest performance isn't at the Araneta or MOA Arena but in the dedication you show as a mom to Nate and a loving wife to Kuys Ogie.

You've given us enough high notes to last a lifetime. Solved na solved na kami dun. Take the rest you need, breathe and please remember that you don't have to be "The Songbird" every time you step on stage. To us, you are Regine — our Ate and that is more than enough.

We love you, Ate Reg!

Love,
Erik

Images courtesy of Facebook: Erik Santos

SHARON CUNETA WILL SOON LAUNCH HER OWN COMPANY

Dear Friends, Co-workers, Clients, Producers, Everyone,

I am so pleased to announce that I will finally be putting up a new company (will announce name soon) that will manage my career, schedules, and projects.

Joining this company to represent me, manage my corporate guestings and musical shows, produce and/or help mount most of my creative content and music effective IMMEDIATELY is my dear friend and longtime music producer, **ELOISA MATIAS**. We go way back in 1988 as she was my Music Researcher on the The Sharon Cuneta Show in ABS-CBN and then became my Executive Producer both for TSOS and the first year of my talk show, Sharon. She was also my creative and music producer of my major concerts like my 25th anniversary concert, The MegaEvent, My 40 Years, Dear Heart, among others and five of my albums (*Isn't It Romantic I & II*, *Sharon Sings Alcasid*, *Musika at Pag-ibig*, and *Children's Rhymes and Lullabies*) and many other recordings. She brings her almost four decades of musical experience in the television and music industry.

Also already in my team is **MARICAR ONG**, who was assigned to me by Viva's Adprom department in charge of all my promotions more than three decades ago. She has been my Executive Assistant since 2011 and is in charge of my TV guestings, TV shows, and movie projects.

I am very excited to work with them and please join me in giving them a warm welcome. I will post all final contact details, but in the meantime, for inquiries and those who are interested in booking me, you may call them at the following numbers:

ELOISA MATIAS (for corporate guestings, concerts, musical queries),
Mobile #: +639985305070;

MARICAR ONG (for TV and movies),
Mobile #: +639189857115



Images courtesy of Facebook: Sharon Cuneta

BOY ABUNDA VISITED KRIS AQUINO AND HOPES TO DO A SHOW WITH HER



Boy Abunda, looking forward na muling makatrabaho si #KrisAquino sa isang talk show.



"Last February 14 in the afternoon, binisita ko ang aking kabigang si Kris Aquino. She's getting better. At sana, tuluy-tuluy. I continue to pray. She has gained some weight, at palagay ko, exciting things are going to happen this year... Kung bibilangin talaga, mas matanda pa ang aming television careers (ni Kris) kaysa kay Josh. We've been doing this for 30 years. And really I don't know, there is this thing in me that's looking forward to doing a talk show with her. I don't know if it's going to be in the form of a podcast, an online thing or a television thing but hindi ko (pa) alam."

Send a gift — BOY ABUNDA



Images courtesy of Instagram: krisaquino, Facebook: Fast Talk with Boy Abunda

CHIMMY PHILIPPINES

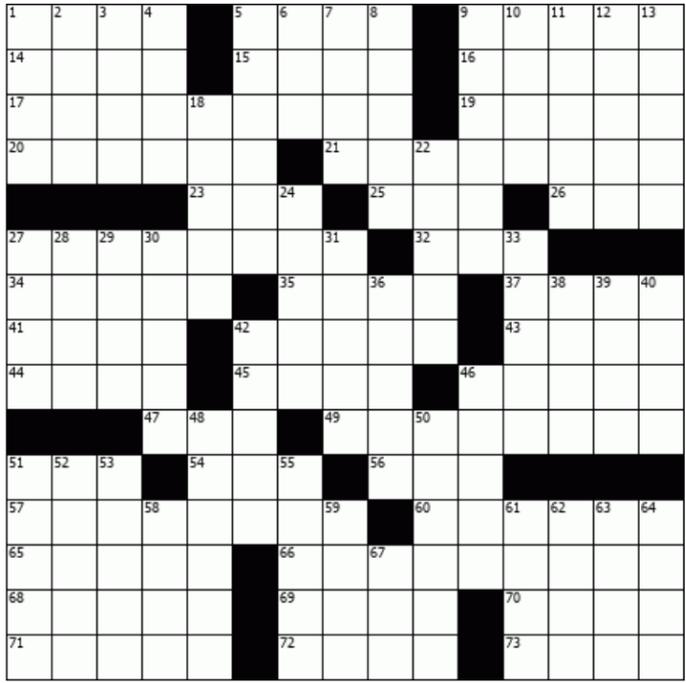
As a brand that delivers #OriginalFilipinoblendYogurt goodness, Chimmy lets everyone enjoy the health benefits of yogurt without it being too sour and just the right amount of sweetness perfect for the Filipino palate. Chimmy offers the best of both worlds as it satisfies your cravings to indulge and at the same time provide you with a healthy body.

CROSSWORD PUZZLE

Across

- 1. Circle segments
- 5. Office reminder
- 9. In front
- 14. Jump
- 15. Funnyman ____ Idle
- 16. Pastry
- 17. Helper
- 19. Long-legged bird
- 20. Golf posture
- 21. Self-indulgent
- 23. Impressed utterance
- 25. Perfect gymnastics score
- 26. ____ Moines
- 27. Renovator
- 32. Classified ____
- 34. Wakeful
- 35. Tennis strokes
- 37. News story
- 41. Small insect
- 42. Aquatic plants
- 43. Hard to find
- 44. Semester
- 45. Spirit
- 46. Kindled again
- 47. Cherished animal
- 49. Basic natures
- 51. Rainy mo.
- 54. Tomato color

- 56. Doctors' org.
- 57. Standards
- 60. Pass, as time
- 65. Roman gown
- 66. Moved hurriedly
- 68. Start
- 69. Blacken
- 70. Conduct
- 71. Marsh plants
- 72. Groups
- 73. Uncomplicated

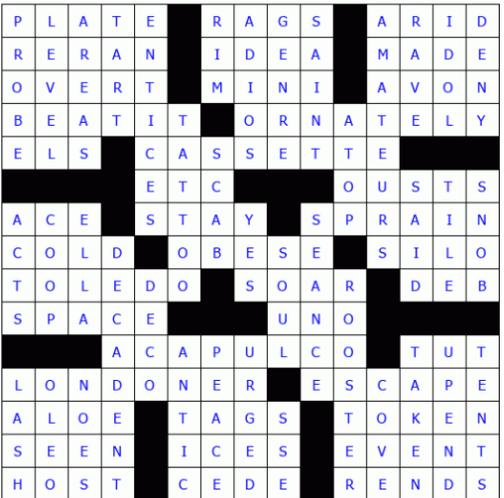


Down

- 1. Exclamation of woe
- 2. Pause
- 3. Mexican house
- 4. Revolve
- 5. Falling star
- 6. Age
- 7. "A Beautiful ____"
- 8. Group of eight
- 9. Close by (2 wds.)
- 10. Did garden work
- 11. Miscalculated
- 12. Make amends
- 13. Fender dimples
- 18. Scram!
- 22. Stop
- 24. Greeting word
- 27. Huckleberry Finn's craft
- 28. ____ Macpherson
- 29. Visionary
- 30. Vagrant
- 31. Scoundrel
- 33. Warning signal
- 36. Lightweight wood

- 38. After-bath powder
- 39. Toledo's waterfront
- 40. New York baseball team
- 42. Daisylike flower
- 46. Royal domain
- 48. Puts up
- 50. Smudges
- 51. Role player
- 52. Trim trees
- 53. Wash cycle
- 55. Phonograph records
- 58. Bound
- 59. Pain
- 61. Fit
- 62. Urgent request
- 63. Large bodies of water
- 64. Circular current
- 67. Informer

LAST WEEK'S ANSWER:



SUDOKU

TODAY'S PUZZLE:

2	8	3	5	1	4			
1			6	3				8
	4		7			5	3	
8			7		9			3
		4		9		8		
7		6		4				5
	3	1			7		2	
	2			6	1			9
			9	2	3	1	7	4

LAST WEEK'S ANSWER:

7	8	5	2	6	9	3	1	4
4	6	2	1	8	3	5	9	7
9	1	3	5	7	4	6	2	8
1	4	7	8	3	2	9	6	5
3	2	8	9	5	6	7	4	1
6	5	9	4	1	7	2	8	3
2	7	1	3	9	8	4	5	6
8	3	4	6	2	5	1	7	9
5	9	6	7	4	1	8	3	2



Remolino, Seda-Lombay rule NAGT elite

CHAMPION. University of San Carlos-Cebu student Kim Andrew Remolino crosses the finish line in the National Age Group Triathlon men's elite division at Subic Bay Freepport Zone in Zambales on Sunday (Feb. 22, 2026). He won in 56 minutes and 17 seconds. (PNA photo by Jean Malanum)

MANILA – Cebu pride Kim Andrew Remolino defended his men's elite title Sunday in the National Age Group Triathlon (NAGT) at Subic Bay Freepport Zone in Zambales.

The sophomore marketing student of University of San Carlos clocked 56 minutes and 17 seconds to win the sprint race covering 750m swim, 18km bike and 5km run.

The bike stage, originally at 20km, was shortened due to a road repair.

Matthew Justine Hermosa, also from Cebu, finished second in 56:21, while Dayshaun Karl Ramos, last year's junior elite champion, was third with a time of 56:44.

"I came here prepared and I'm happy with the result," Remolino said.

Remolino and Hermosa will join the PRISAA (Private Schools Athletic Association) regional qualifying on March 13 and 14 in Tagbilaran City, Bohol.

Meanwhile, Dhana Victoria Seda-Lombay, the 2025 junior elite women's champion, clocked 1:07:49 to win the elite title over Lady Samantha Jhunace Corpuz (1:08:42).

In the junior elite category, Darell Johnson Bada and Anisha Eunice Caluya dominated their divisions in the race, which is part of Triathlon Philippines' grassroots and talent identification program.

The 17-year-old Bada, silver medalist last year, bagged the gold after clocking 56 minutes and 57 seconds.

Euan Arrow Ramos took the silver medal with a time of 58:57, improving on his third-place finish last year, while Peter Sacho Del Rosario (59:12) settled for the bronze.

"I always give my best in every race," Bada, a Grade 12 student at Subic Colleges in Olongapo City, said.

"Last year, I was in the second pack. This year, I was in the first pack and eventually won the title," added the gold medalist at the 2025 NTT Asia Triathlon Cup Subic Bay.

Caluya (1:07:09), Christy Ann Perez (1:07:56) and Aira Danara Gregorio (1:08:38) were the top three finishers in the women's division of the event supported by the Philippine Sports Commission and Subic Bay Metropolitan Authority Tourism. (PNA)

UP unbeaten in UAAP tennis; UST Lady Tennisters whip NU Lady Bulldogs

MANILA – University of the Philippines (UP) demolished Ateneo de Manila University, 5-0, to remain unbeaten after three outings in the UAAP Season 88 women's tennis tournament at Colegio San Agustin hardcourt in San Jose del Monte, Bulacan on Sunday.

Maria Divinagracia survived Althea Ong, 6-1, 7-6(3); Jufe Cocoy won over Angela Buyante, 6-1, 6-1, and Paula Uy pulled off a 6-1, 7-5 victory over Judy Padilla in the singles.

In the doubles, Joshea Malazarte and Glydel Guevarra clobbered Chelsea Roque and Althea Martinez, 6-0, 6-0, while Marielle Jarata and Sydney Enriquez also blanked Zaina Omar and Elo Castolo, 6-0, 6-0.

Meanwhile, defending champion University of Santo Tomas (UST) overpowered National University (NU), 4-1,

Minette Benthillo and Justine Hannah Maneja outplayed Kolin Cornell and Juliana Carvajal, 6-3, 7-5, in the second doubles match to clinch the win for UST, which joined idle De La Salle University in second place at 2-1.

Reigning Most Valuable Player Kaye Ann Emana downed JM Carcueva, 6-4, 6-2, in the first singles but NU tied after Elsie Abarquez prevailed over Mica Emana, 6-2, 6-4.



Justine Hannah Maneja

Kaye Mustaza defeated AJ Acabo, 6-1, 6-3, while Judy Padilla and Princess Dela Rita outlasted Rovie Baulete and Adeline Abadia, 6-4, 4-6, 10-2.

NU slid to fourth place with a 1-2 record.

"Our motivation is no matter what happens, win or lose, do your best. A mistake is a mistake, so just play your game," Maneja said.

In the men's division, University of the East trounced Adamson University, 4-1, and University of the Philippines whipped La Salle, 5-0, to remain perfect in four starts.

Defending champion NU defeated UST, 3-2, to break their tie and rise to 3-1. (PNA)

FEU-D secures semis playoff in UAAP jrs basketball



HERO. Far Eastern University-Diliman's Marc Burgos (left) guards University of Santo Tomas' Simon Pulongbarit in the UAAP Season 88 boys' basketball tournament at Ninoy Aquino Stadium in Manila on Saturday (Feb. 21, 2026). Burgos sank the game-winning three-pointer in their 84-81 win that gave the Baby Tamaraws at least a playoff for a semifinal slot. (UAAP photo)

MANILA – Far Eastern University-Diliman (FEU-D) edged defending champion University of Santo Tomas (UST), 84-81, to secure a playoff for a Final Four berth in the UAAP Season 88 boys' basketball at Ninoy Aquino Stadium in Manila on Saturday.

Marc Burgos delivered the go-ahead triple in the last 68 seconds after FEU-D's Simon Pulongbarit sank a three-pointer to forge an 81-all deadlock with 1:32 remaining.

The Baby Tamaraws are now guaranteed at least a playoff for a semifinals slot with a 9-2 record, tied with the National University-Nazareth School (NUNS) Bullpups for first place.

JB Cagurangan finished with 17 points, four rebounds and three steals, while Cabs Cabonilas added 15 points, 10 rebounds, four assists, and four blocks for the Baby Tamaraws.

Prince Cariño chipped in 14 points and seven rebounds followed by Burgos, who had 13 points, 10 rebounds, three blocks and one steal.

"We're satisfied that we pulled the game through, but even if we were up by double-digits, I am always aware that UST has the capability to come back. UST always comes back, but I am just grateful that we were able to deliver and we were able to counter when [UST] got the lead," FEU-D coach Mike Reyes said.

Kirk Cañete led UST with 21 points, eight assists, five rebounds and two steals, while Jetlee Melano, Nigerian center Ola Ajani and Jhon Canapi added 13 points each.

Pulongbarit had 10

points, six rebounds, one assist, one steal, and one block.

Meanwhile, second-running Ateneo de Manila University demolished Adamson University, 88-65, for an 8-3 card.

The Tiger Cubs and the Baby Falcons fell into a three-way tie for fifth place with the University of the East (UE) Junior Warriors at 4-7.

De La Salle Zobel beat UE, 59-47, to keep third spot at 6-5.

Jude Eriobu paced Ateneo with 19 points, 18 rebounds, and three blocks steal, and one block. Audwyn Tamayo added 16 points, while Jay M Leal and Zane Kallos scored 13 and 11 points, respectively.

Jarl Artango topscored for Adamson 11 points, four rebounds, two assists, and two steals, while Francel Flores also had 11 points, three rebounds and two assists.

NUNS dealt winless University of the Philippines-Integrated School its 11th defeat, 92-60. (PNA)



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Email Address: tspnewsublishing@gmail.com
Website: https://thesentinelpost.net

STAFF BOX

PUBLISHER: SARAH JEANE C. ANTOLIN
CHIEF EDITOR: ELIEZER J. ANTOLIN
LAYOUT ARTIST: CONNIE LYNN C. ERIVE

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